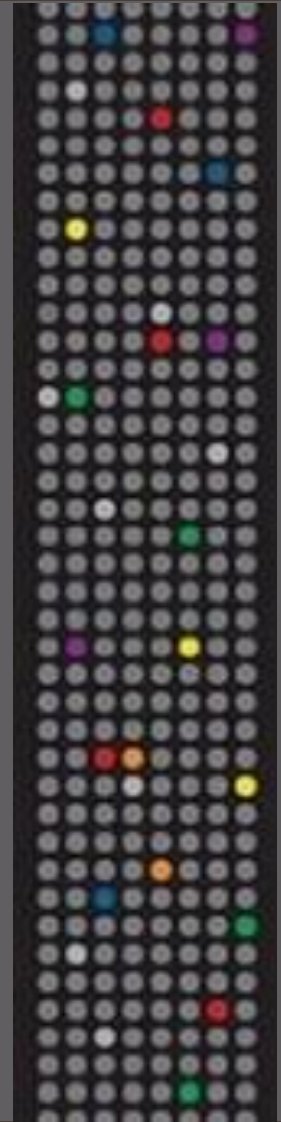


Assessing LGBT Health: Demographics of coming out

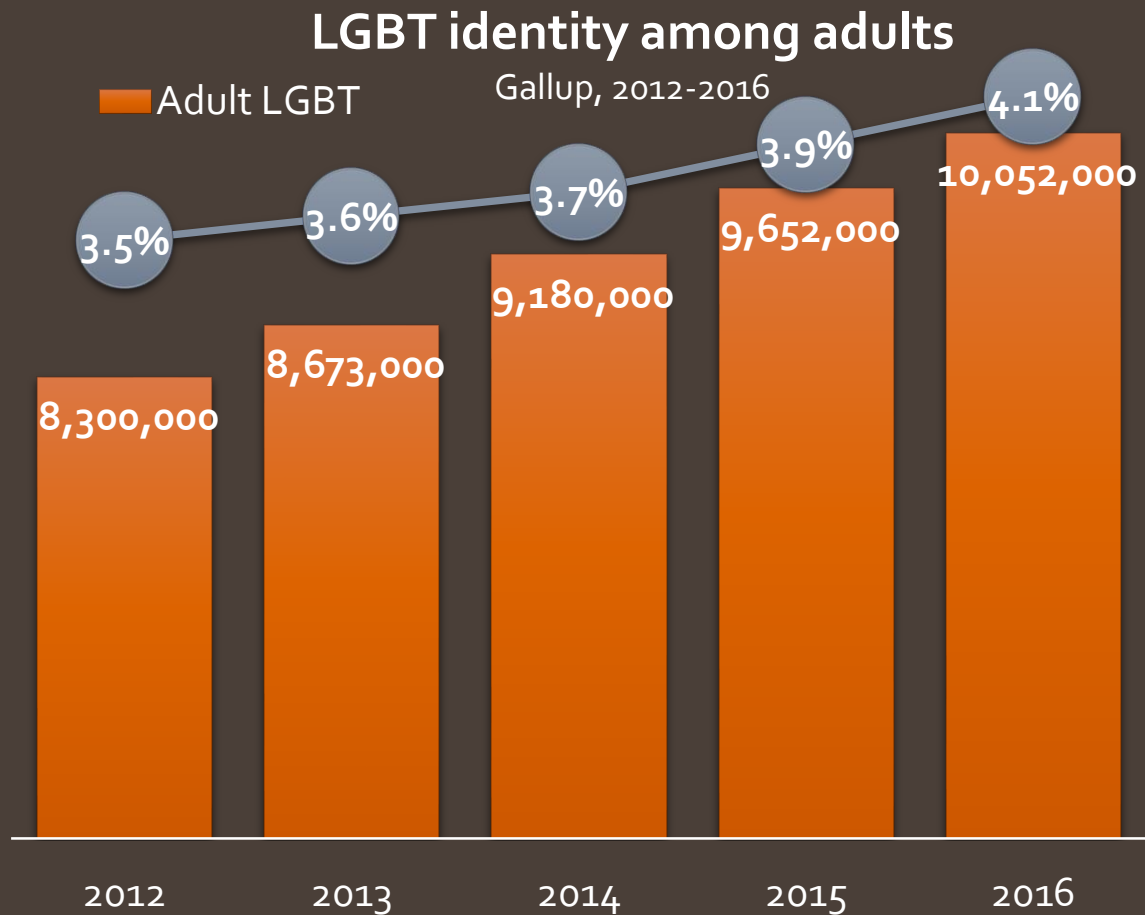
Gary J. Gates, PhD

www.drgaryjgates.com

@DrGaryJGates



LGBT
identity
increasing



Source: Gates, Gary J. 2017. In US, More Adults Identifying as LGBT, Gallup.



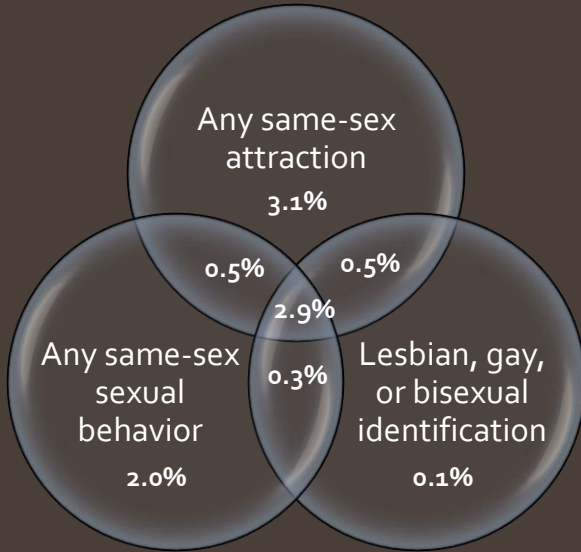
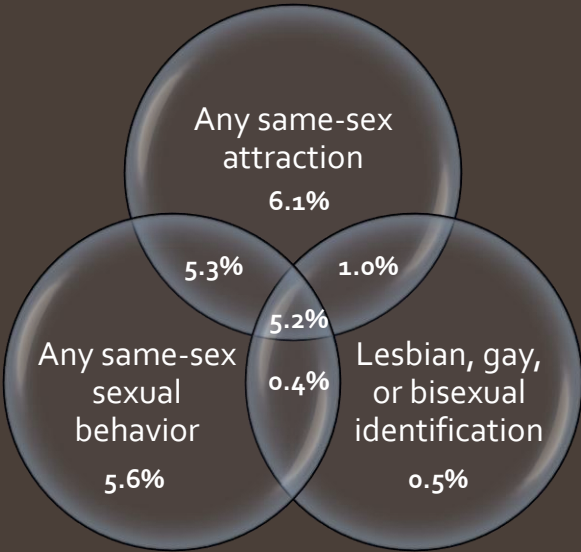
Sexual behavior, attraction, and identity among adults age 18-44, by gender

2011-2013 National Survey of Family Growth

Behavior, attraction, and identity

Any same-sex sexuality, women: 24%

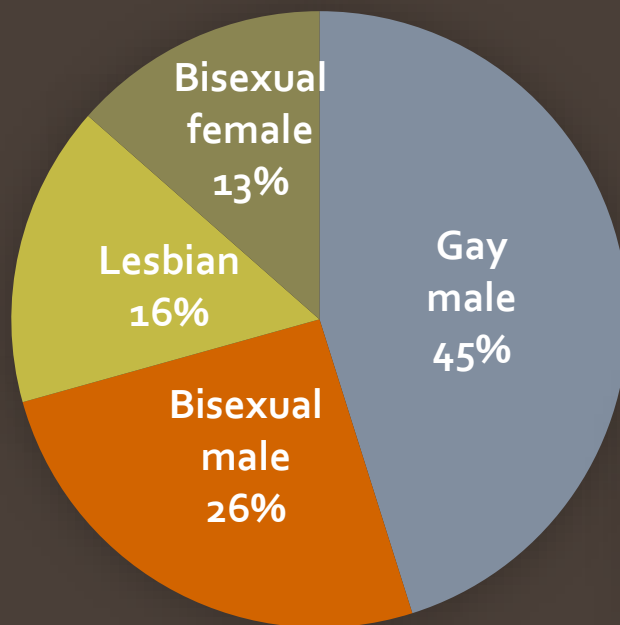
Any same-sex sexuality, men: 9.2%



Majority of
LGB now
female

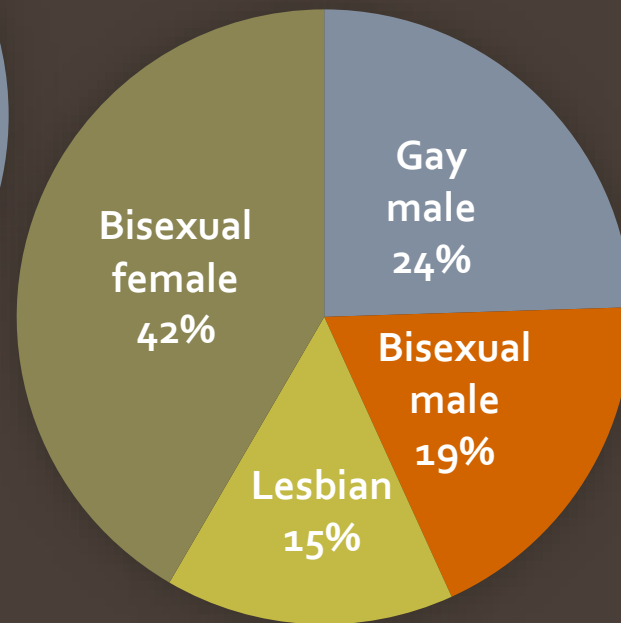
LGB identity by gender

National Health and Social Life Survey, 1992



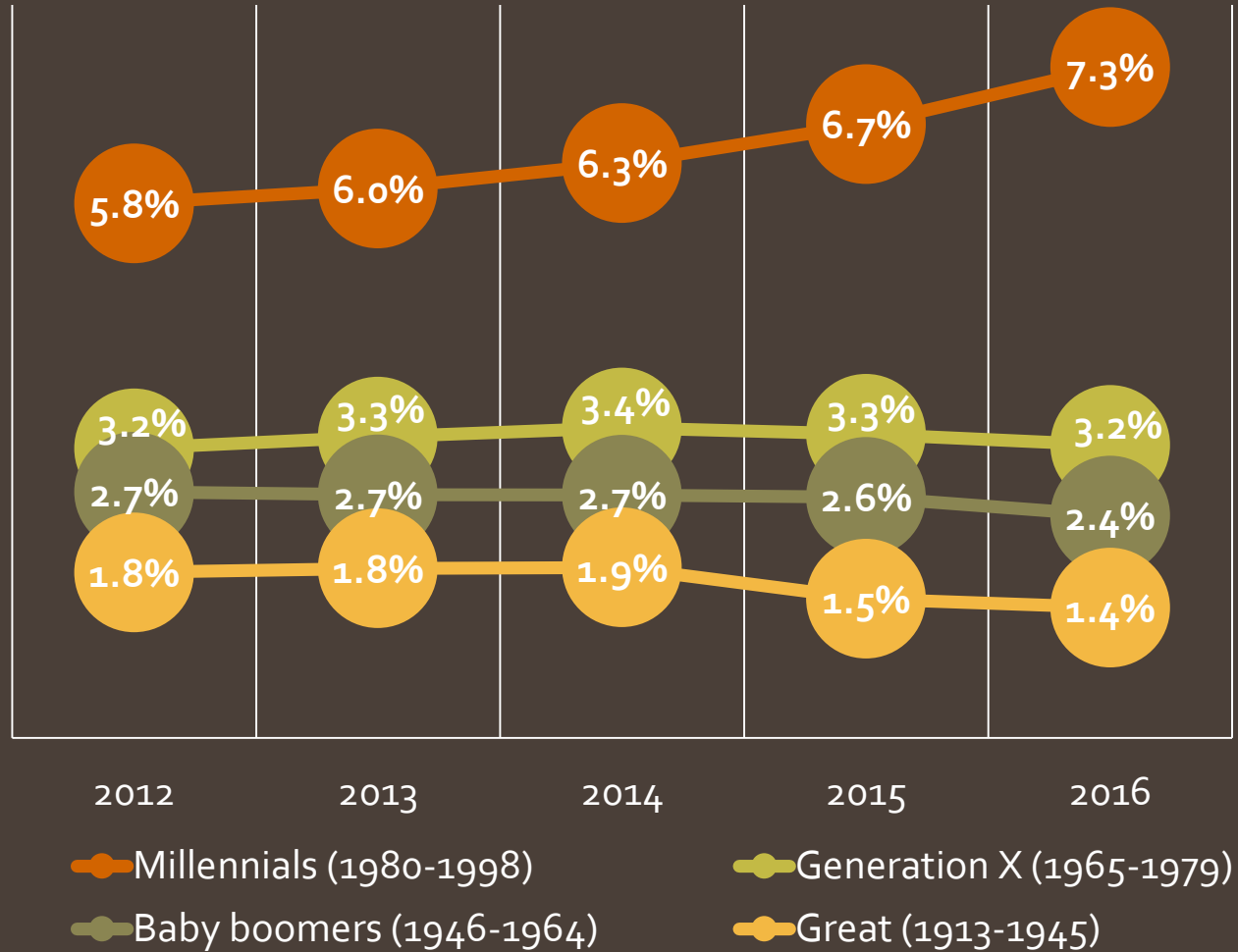
LGB identity by gender

General Social Survey, 2014



% Identifying as LGBT among adults (age 18+), by birth cohort

Gallup Daily Tracking and Gallup-Healthways Well-Being Index, 2012-2016



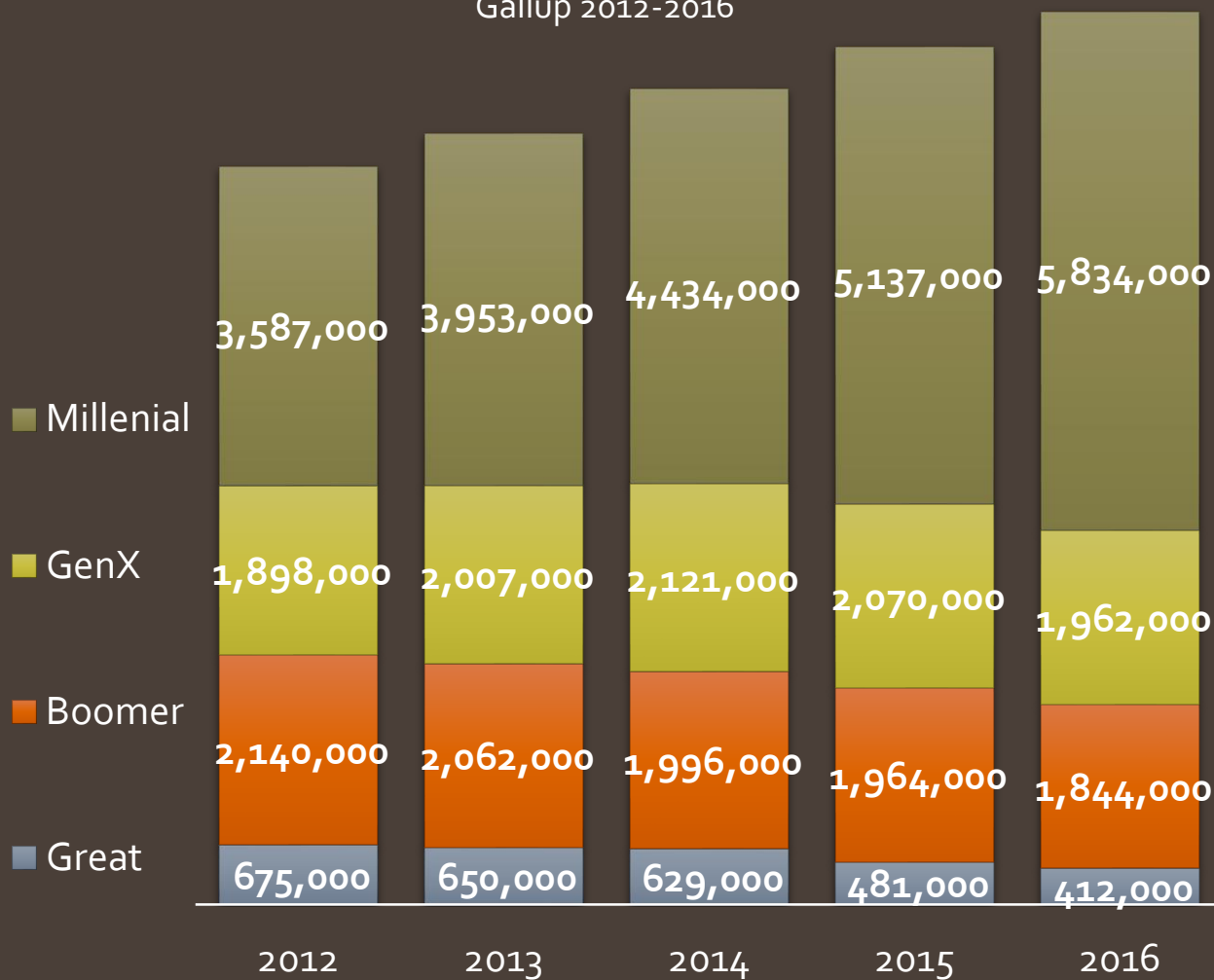
Increases in
LGBT
identity
mostly
among
millennials

Source: Gates, Gary J. 2017. In US, More Adults Identifying as LGBT, Gallup.
<http://www.gallup.com/poll/201731/lgbt-identification-rises.aspx>

Millennials
now
comprise
58% of LGBT

LGBT identity by birth cohort

Gallup 2012-2016

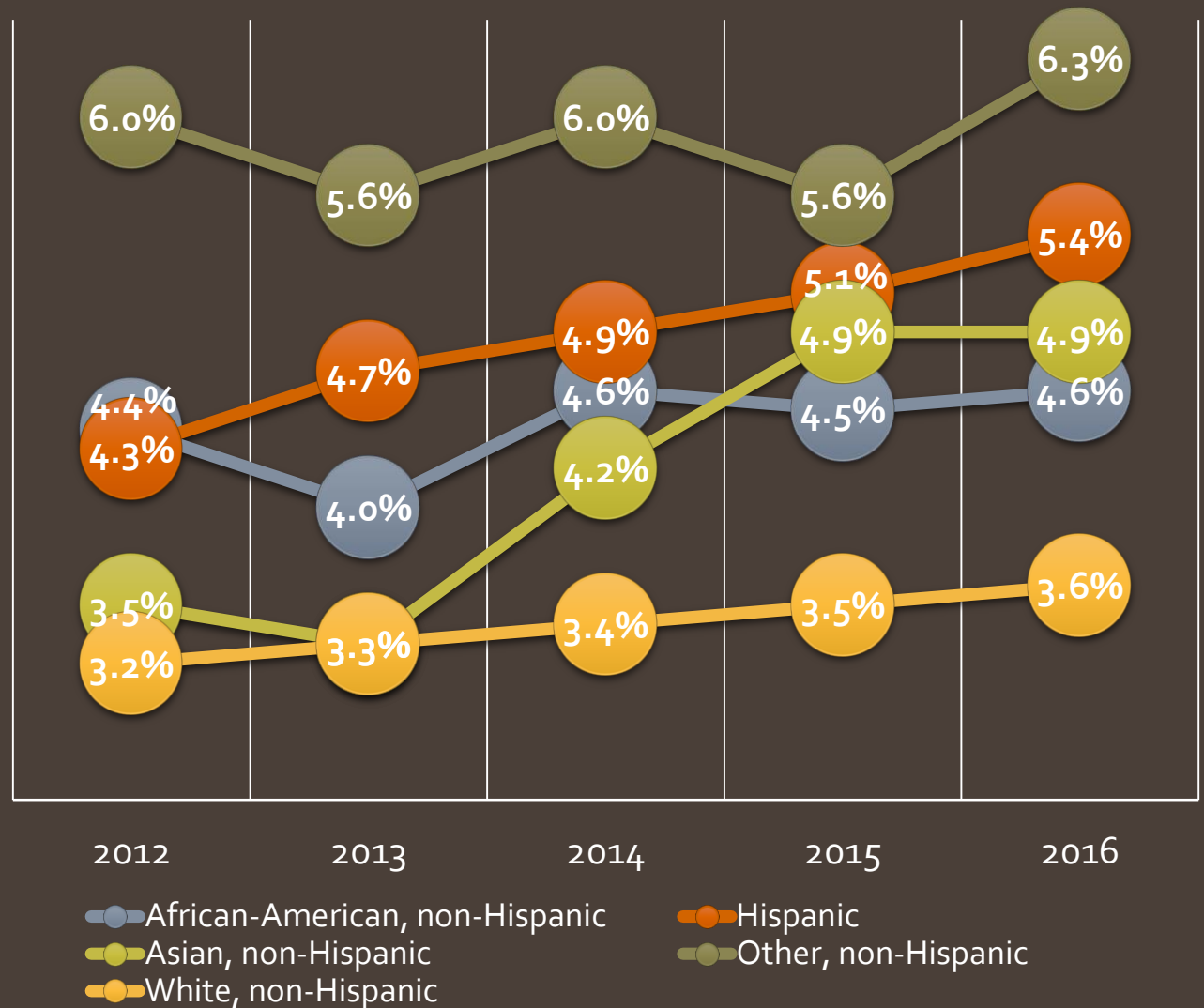


Source: Analyses by Gary J. Gates, PhD using Gallup Daily tracking and Gallup-Healthways Well-Being Index surveys.

LGBT
identity
higher
among
minorities

LGBT identity by race/ethnicity

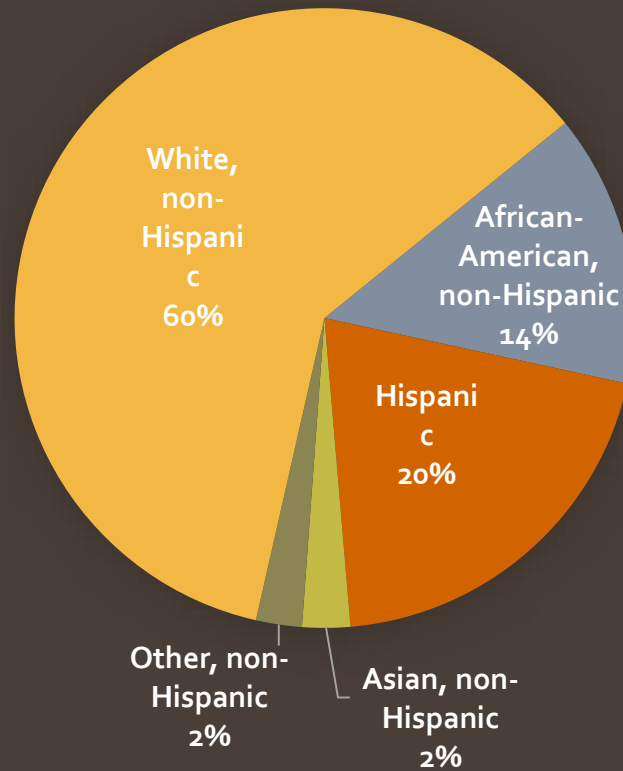
Gallup, 2012-2016



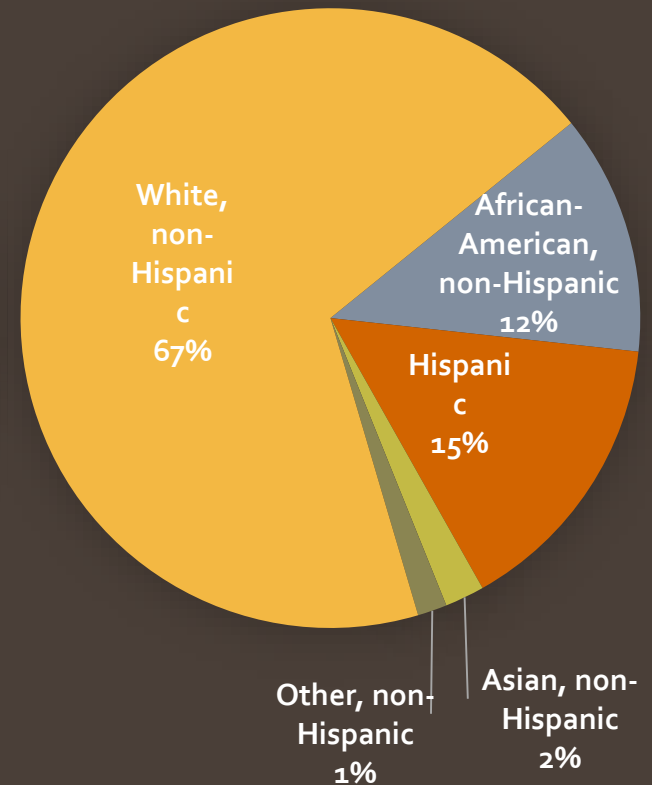
Source: Gates, Gary J. 2017. In US, More Adults Identifying as LGBT, Gallup.
<http://www.gallup.com/poll/201731/lgbt-identification-rises.aspx>

More racial/ethnic diversity among LGBT

LGBT



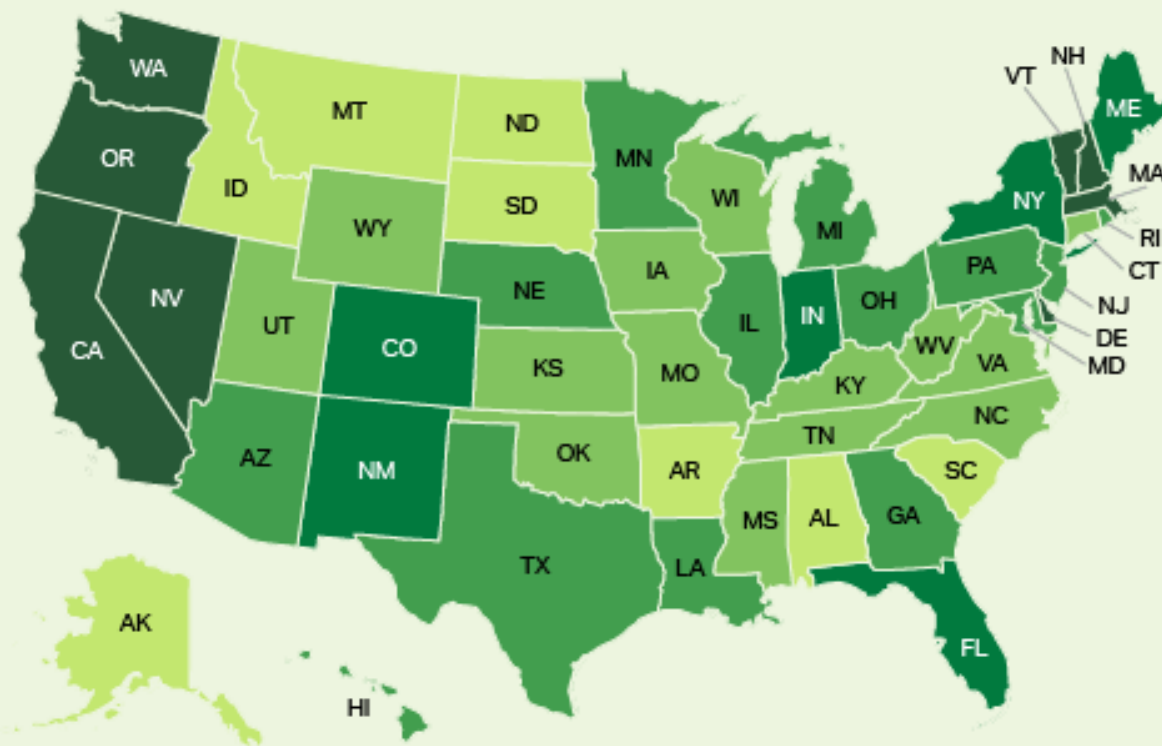
non-LGBT



Source: Analyses by Gary J. Gates, PhD using Gallup Daily tracking and Gallup-Healthways Well-Being Index surveys.

Highest
LGBT
identity in
West and
New England

U.S. Adults Identifying as LGBT by State, 2015-2016

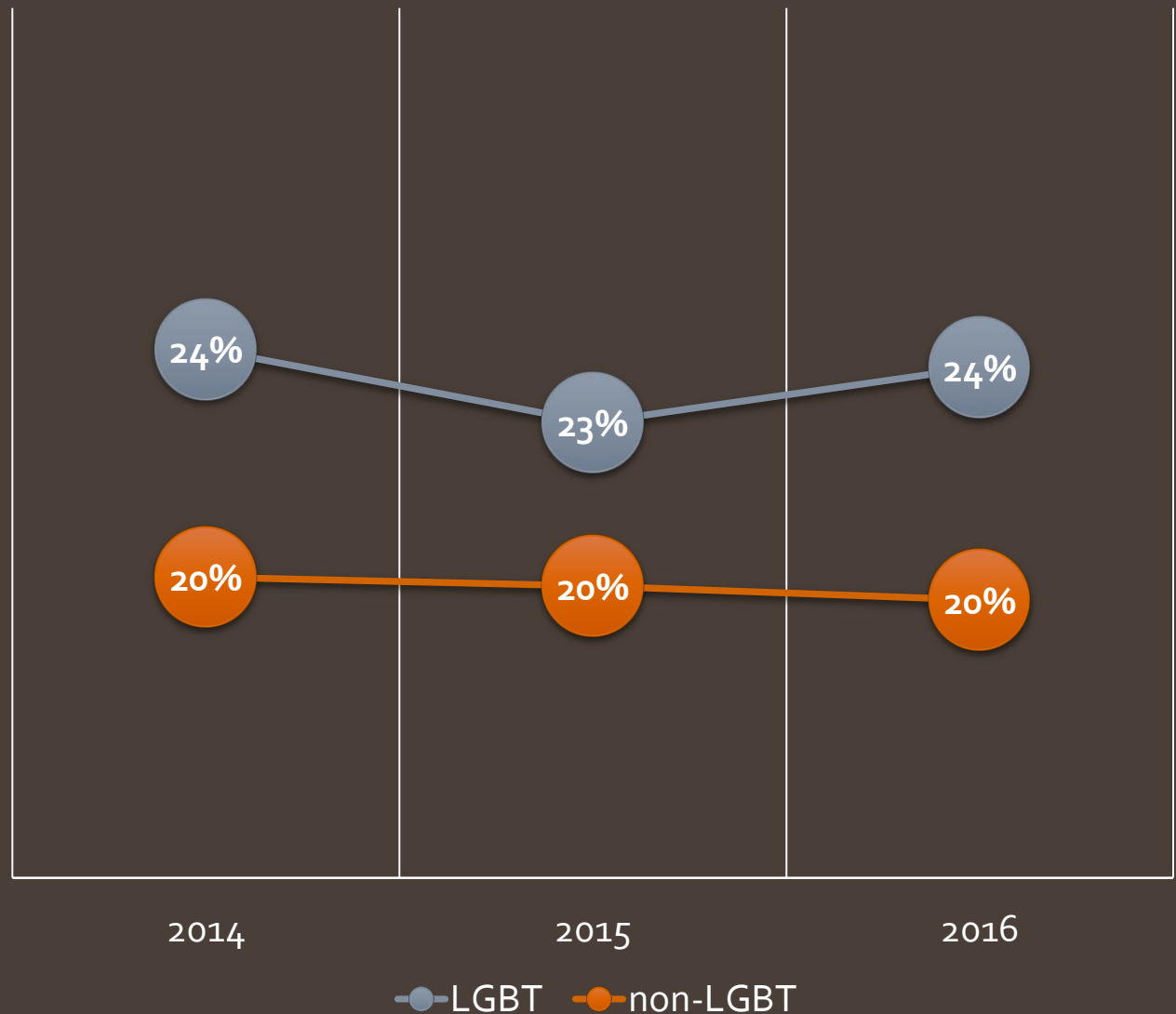


GALLUP DAILY

Gap in overall health rating consistent

Fair/poor health, by LGBT identity

Gallup, 2012-2016



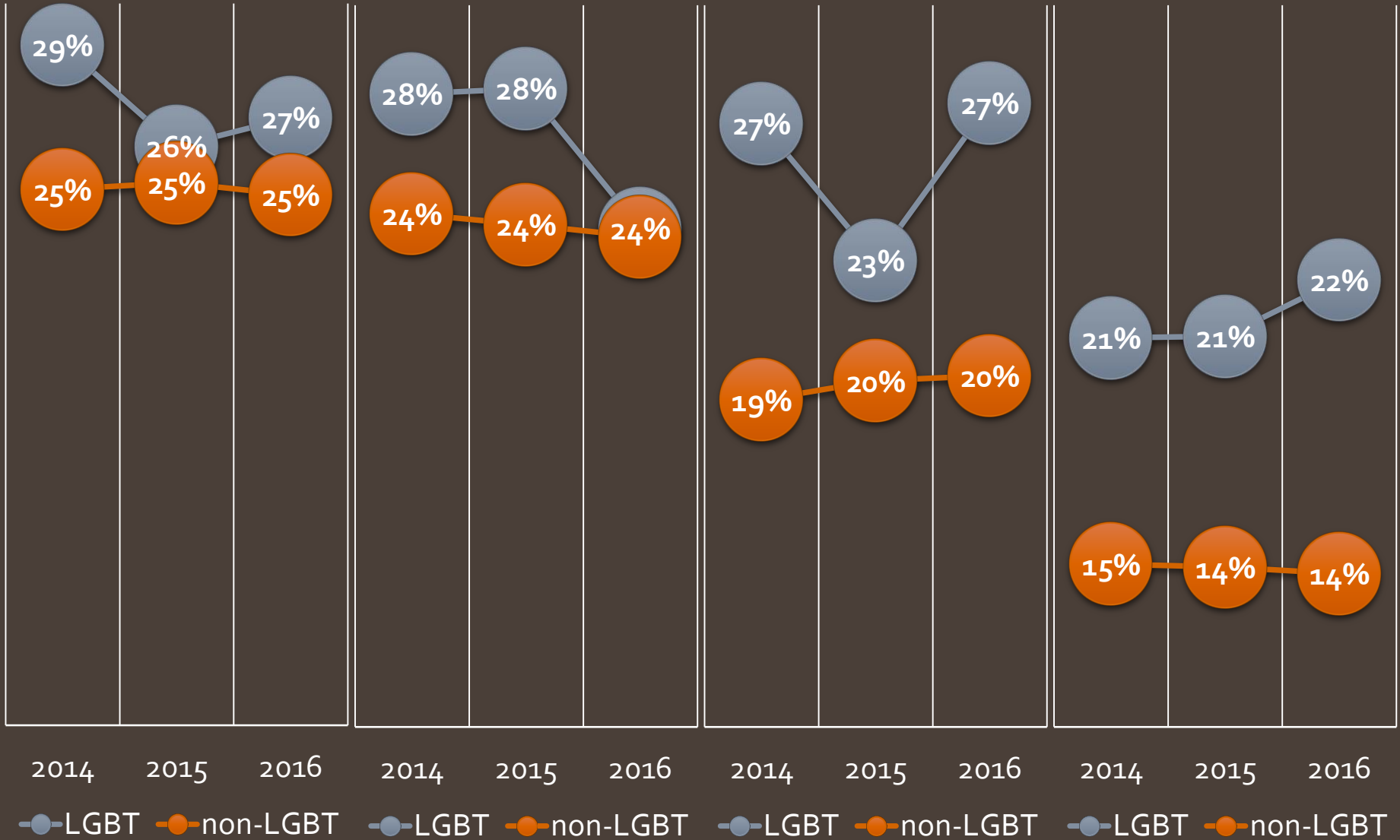
Source: Analyses by Gary J. Gates, PhD using Gallup Daily tracking and Gallup-Healthways Well-Being Index surveys.

Great

Baby boomer

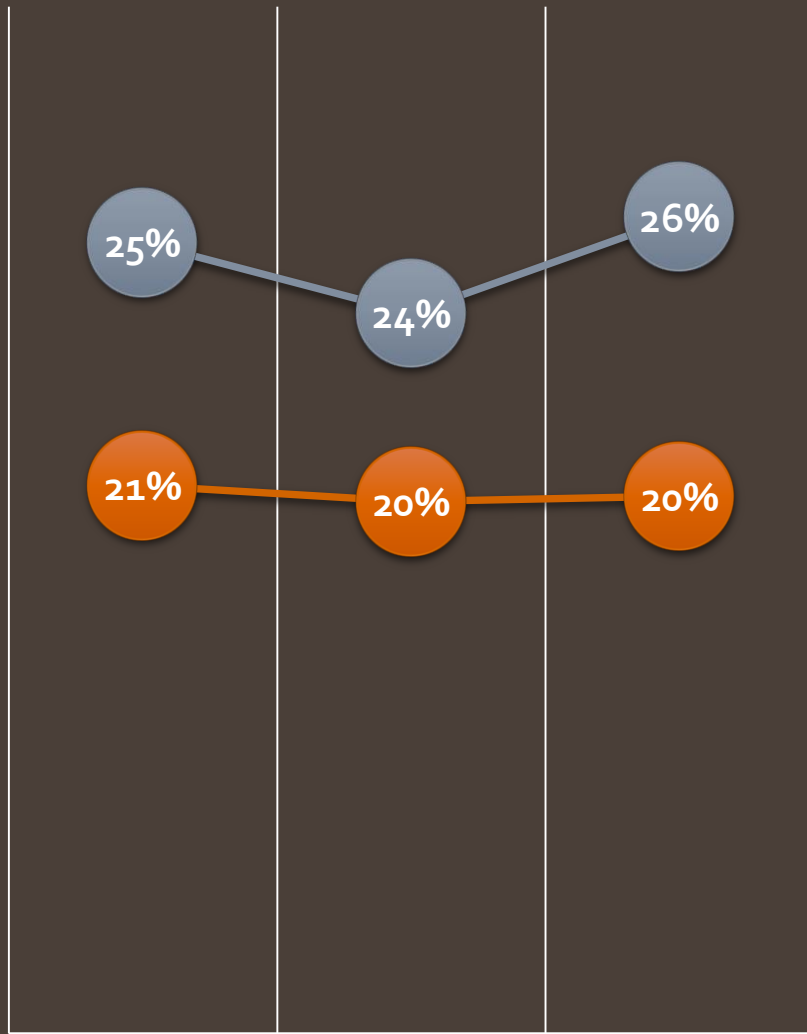
Gen X

Millennial

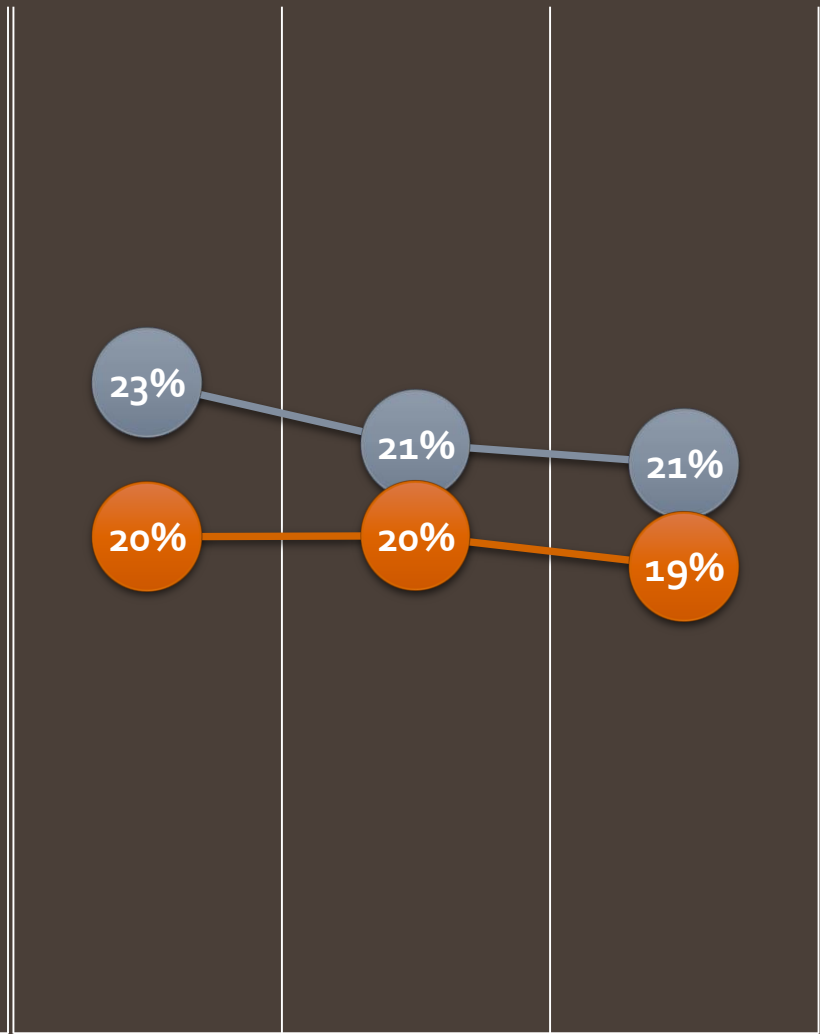


Source: Analyses by Gary J. Gates, PhD using Gallup Daily tracking and Gallup-Healthways Well-Being Index surveys.

Female



Male



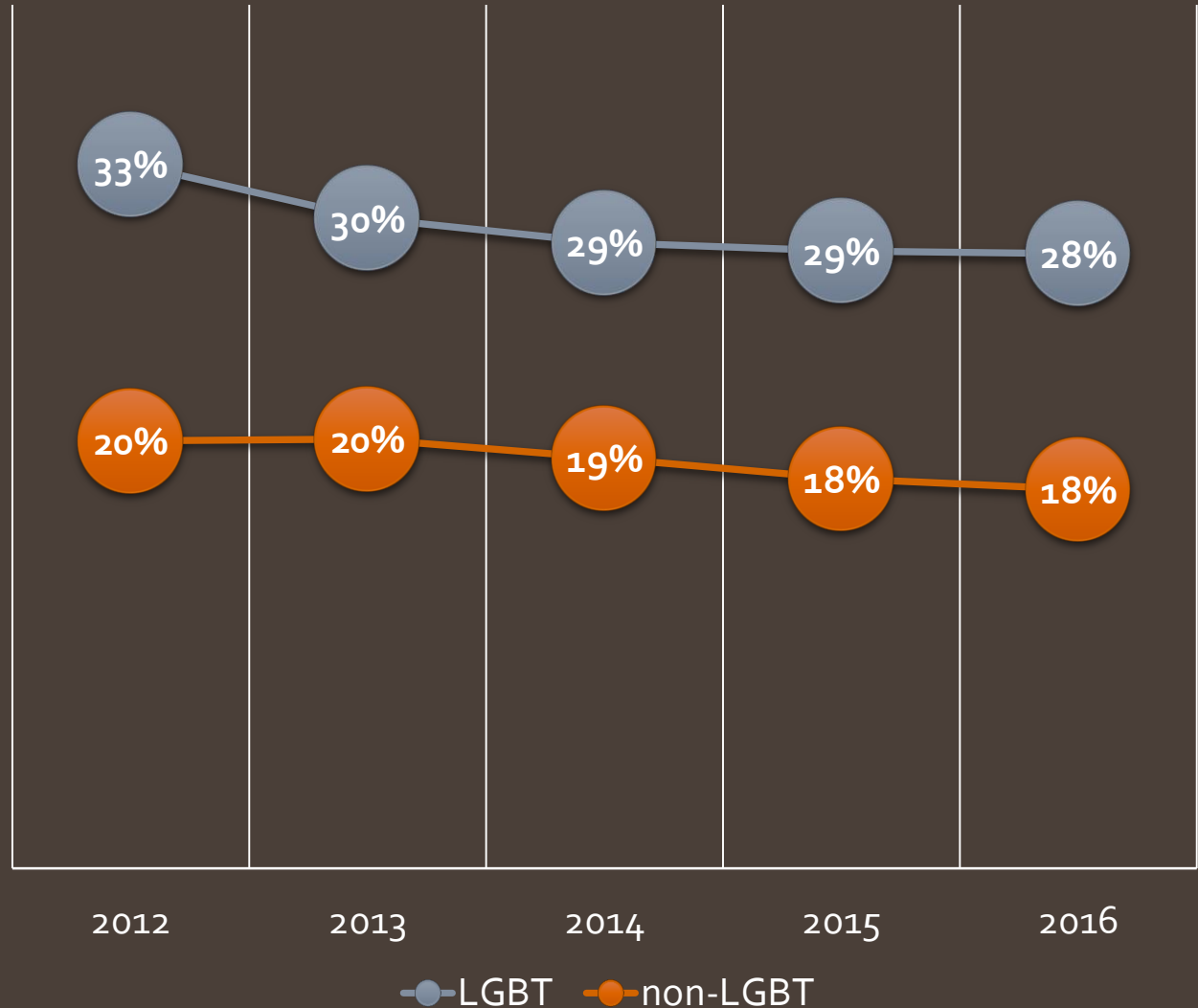
—●— LGBT —●— non-LGBT

—●— LGBT —●— non-LGBT

Smoking declining, but large gap still exists

Currently smoke, by LGBT identity

Gallup, 2012-2016



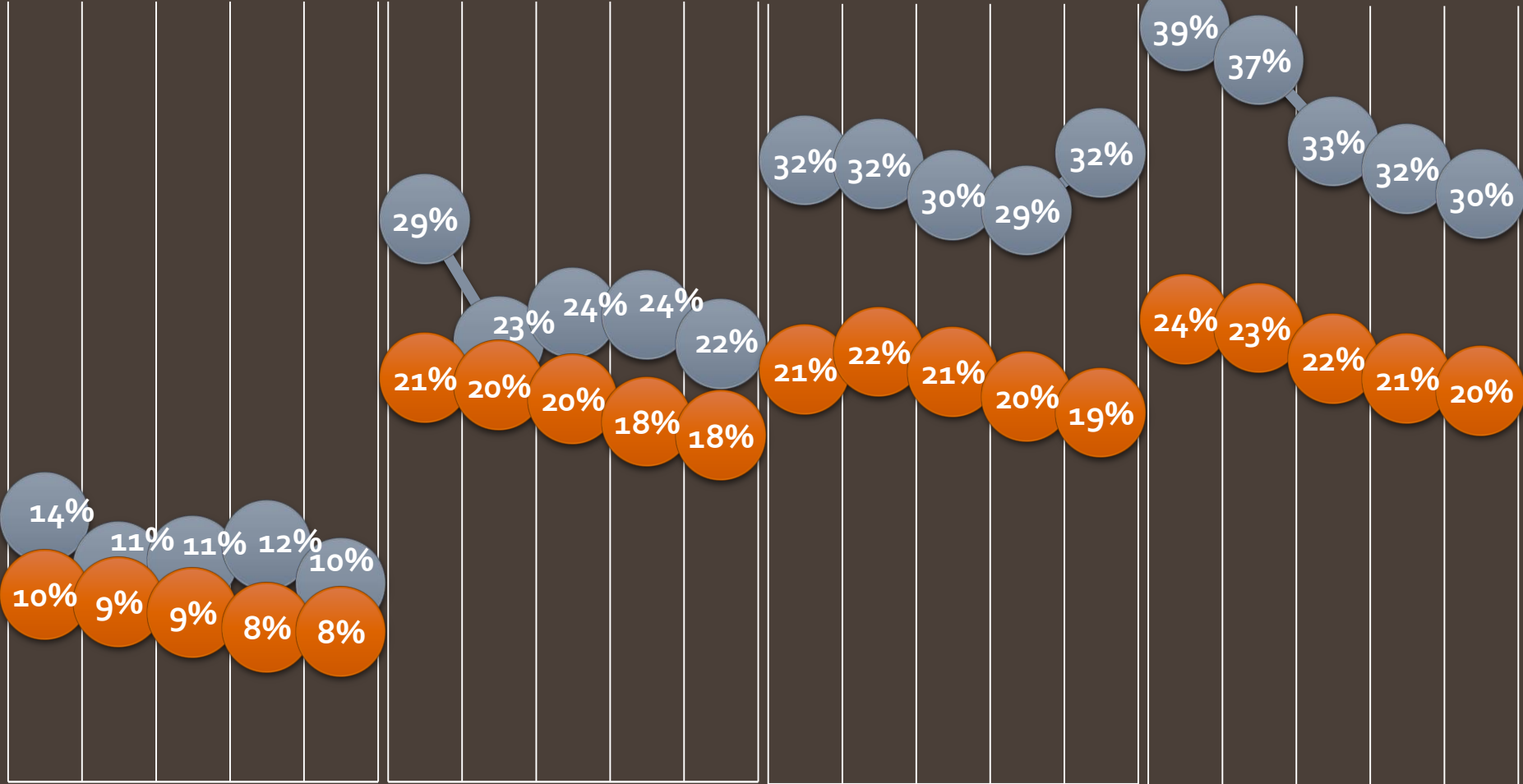
Source: Analyses by Gary J. Gates, PhD using Gallup Daily tracking and Gallup-Healthways Well-Being Index surveys.

Great

Baby boomer

GenX

Millennial

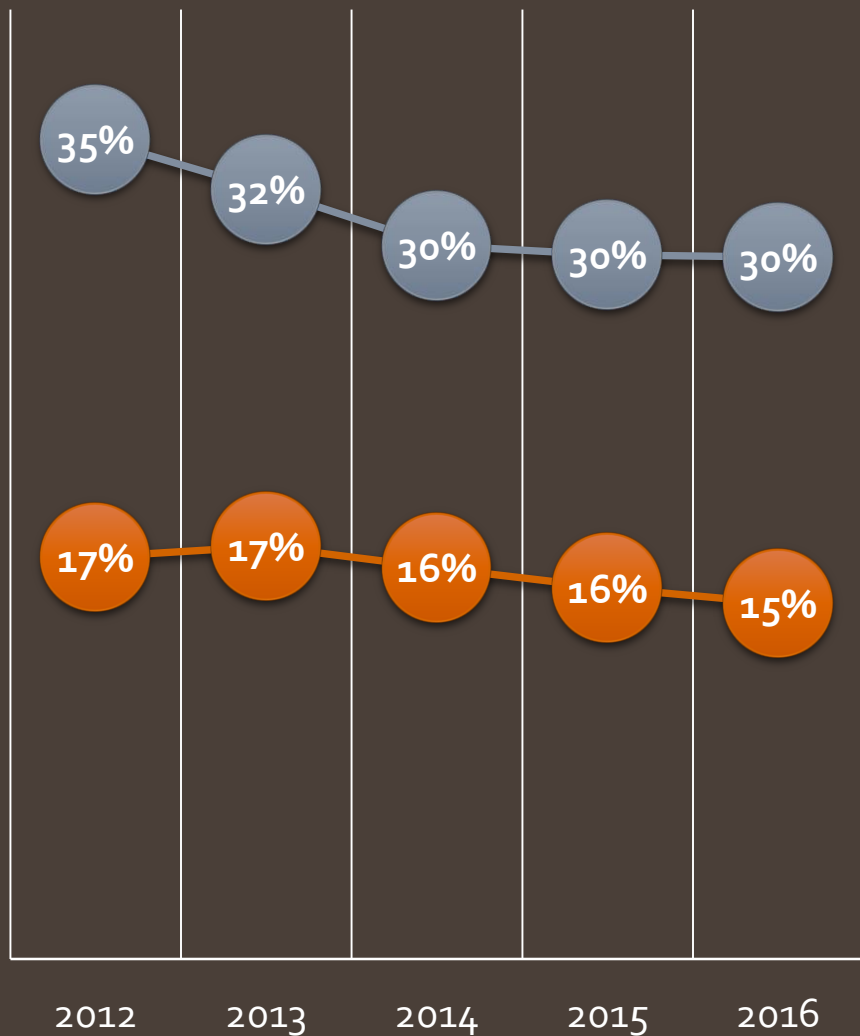


2012 2013 2014 2015 2016 2012 2013 2014 2015 2016 2012 2013 2014 2015 2016 2012 2013 2014 2015 2016

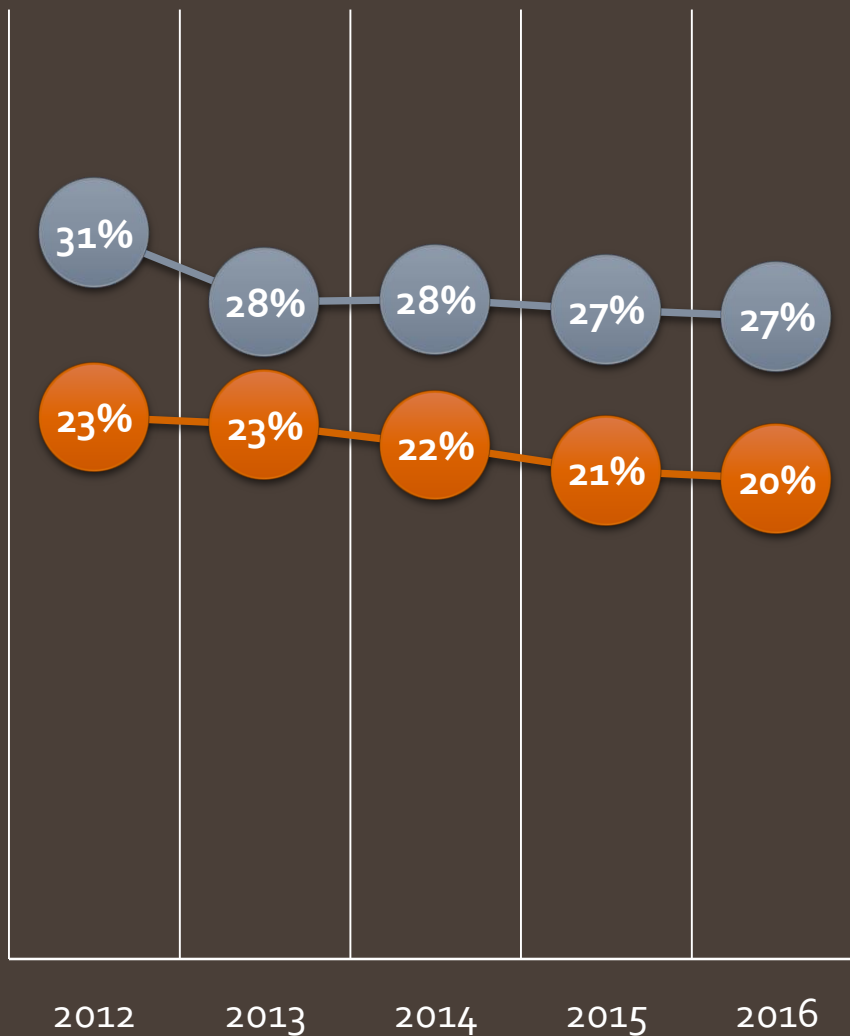
● LGBT ● non-LGBT ● LGBT ● non-LGBT ● LGBT ● non-LGBT ● LGBT ● non-LGBT

Source: Analyses by Gary J. Gates, PhD using Gallup Daily tracking and Gallup-Healthways Well-Being Index surveys.

Female



Male



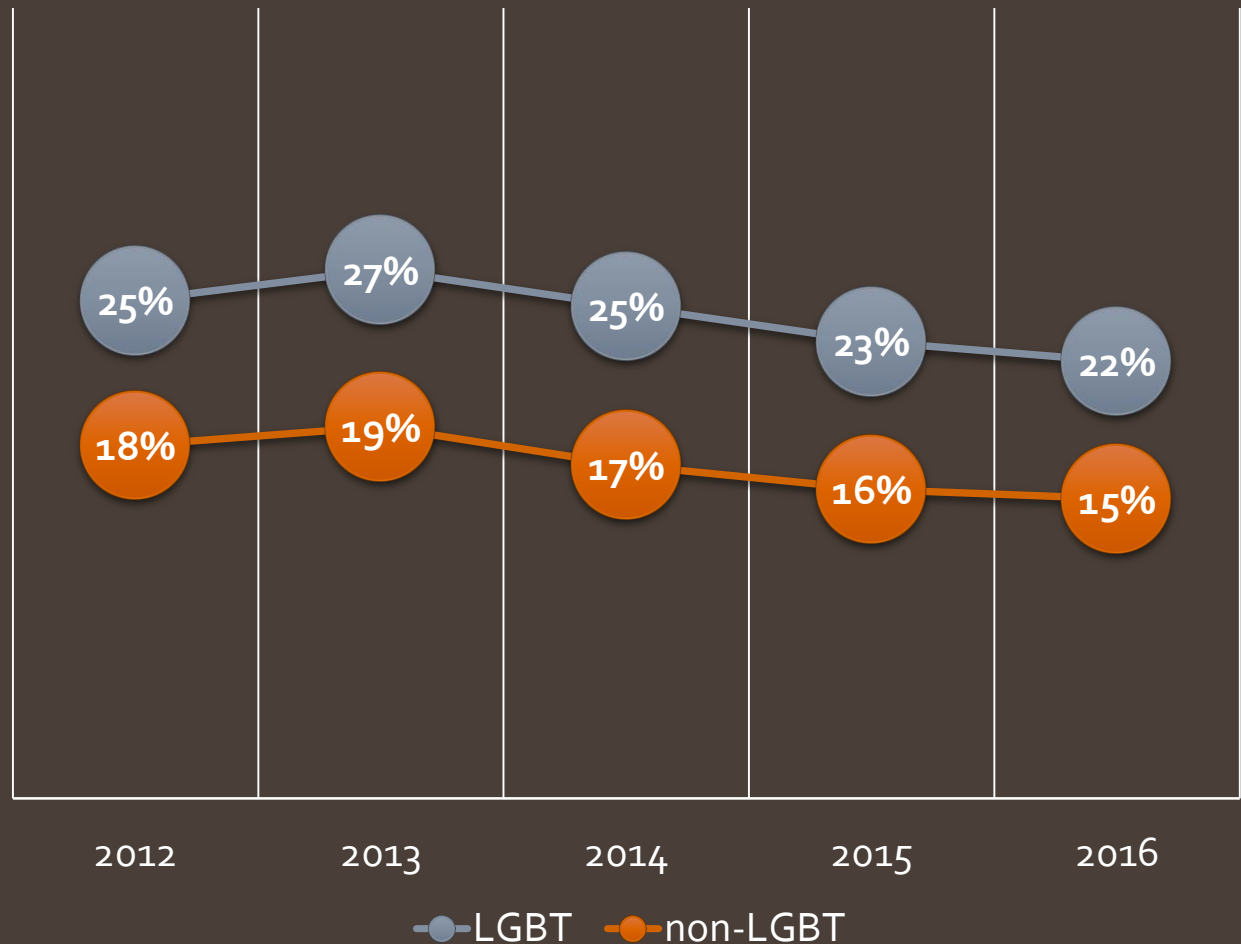
—●— LGBT —●— non-LGBT

—●— LGBT —●— non-LGBT

Not enough money in the last year for health care, by LGBT identity

Gallup, 2012-2016

LGBT individuals lack resources for health care



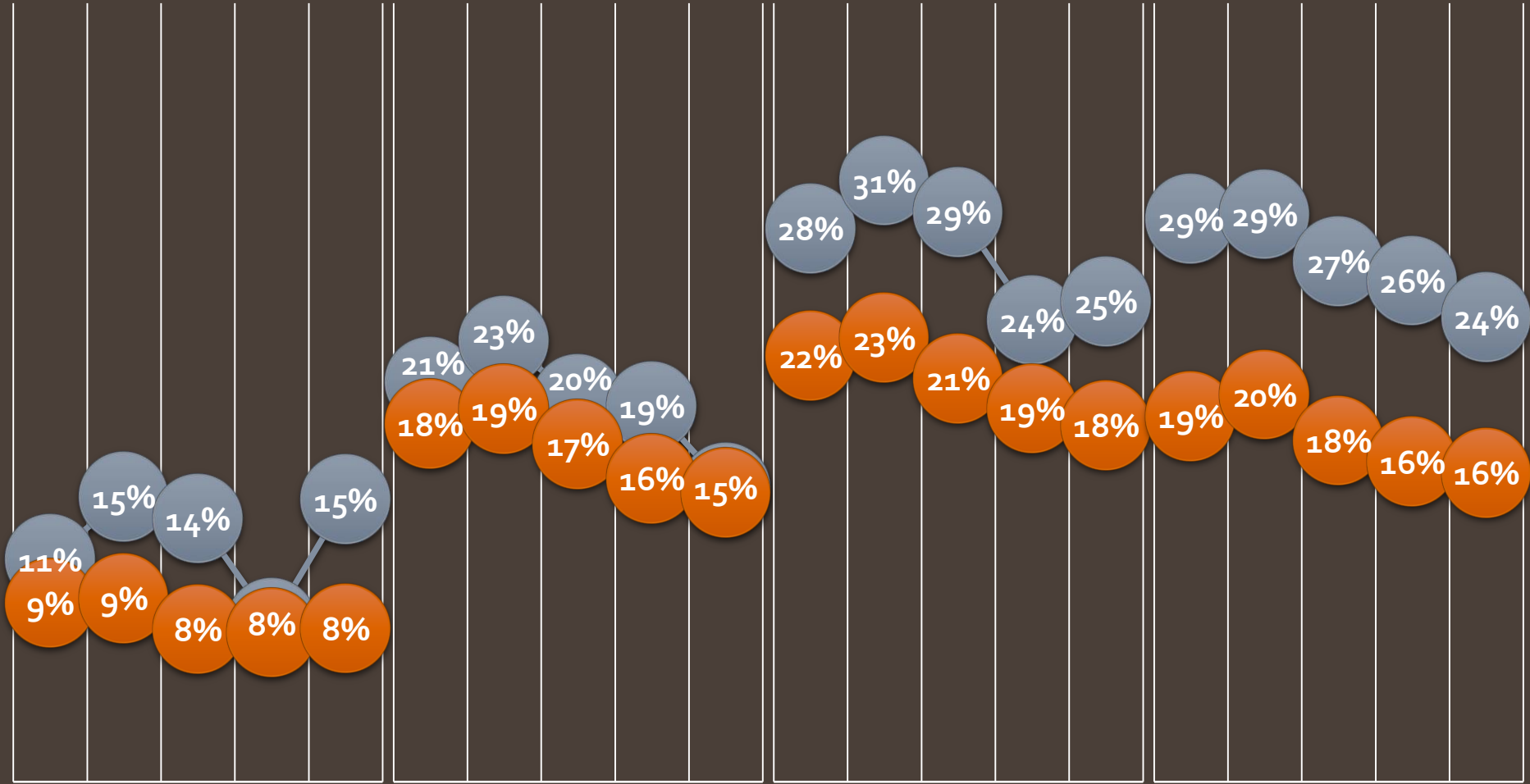
Source: Analyses by Gary J. Gates, PhD using Gallup Daily tracking and Gallup-Healthways Well-Being Index surveys.

Great

Baby boomer

Gen X

Millennial

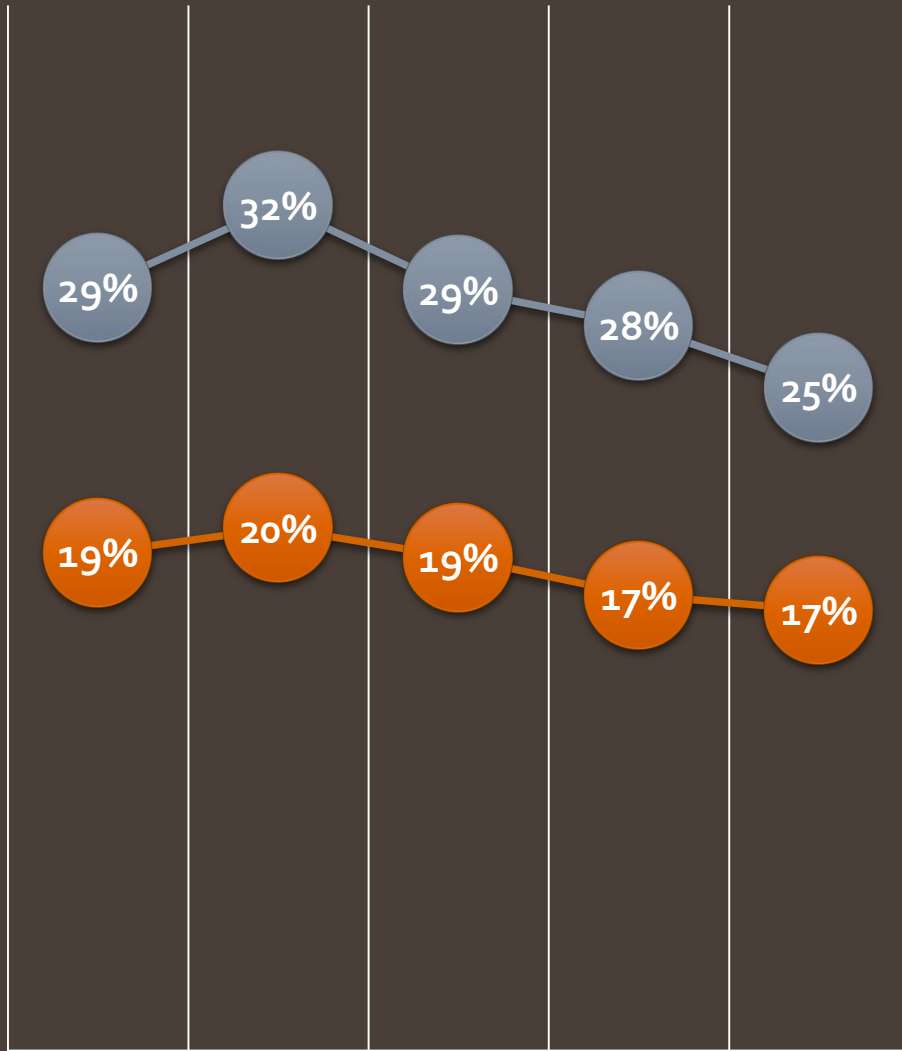


2012 2013 2014 2015 2016 2012 2013 2014 2015 2016 2012 2013 2014 2015 2016 2012 2013 2014 2015 2016

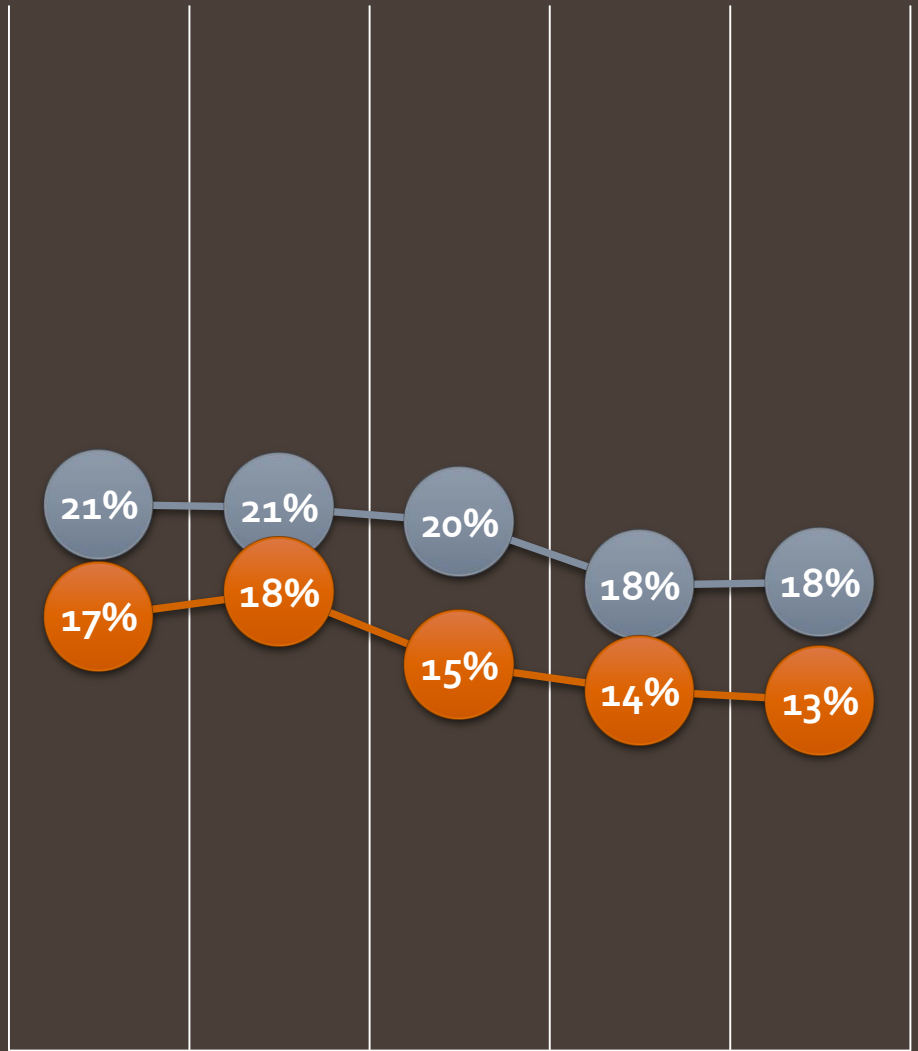
● LGBT ● non-LGBT ● LGBT ● non-LGBT ● LGBT ● non-LGBT ● LGBT ● non-LGBT

Source: Analyses by Gary J. Gates, PhD using Gallup Daily tracking and Gallup-Healthways Well-Being Index surveys.

Female



Male



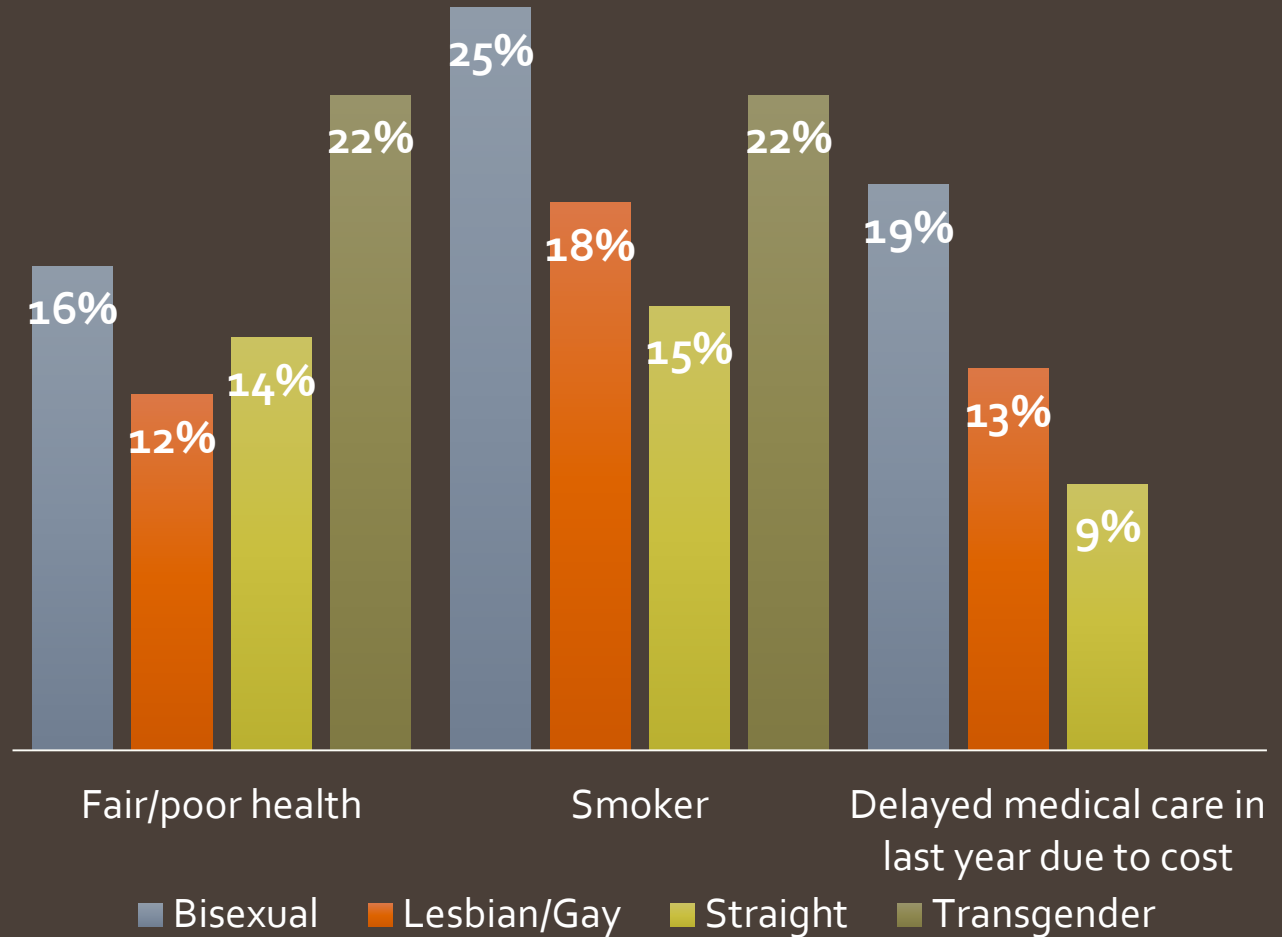
● LGBT ● non-LGBT

● LGBT ● non-LGBT

Outcomes differ by sexual orientation and gender identity

Health-related outcomes, by sexual orientation & gender identity

National Health Interview Survey, 2015
US Transgender Survey, 2015

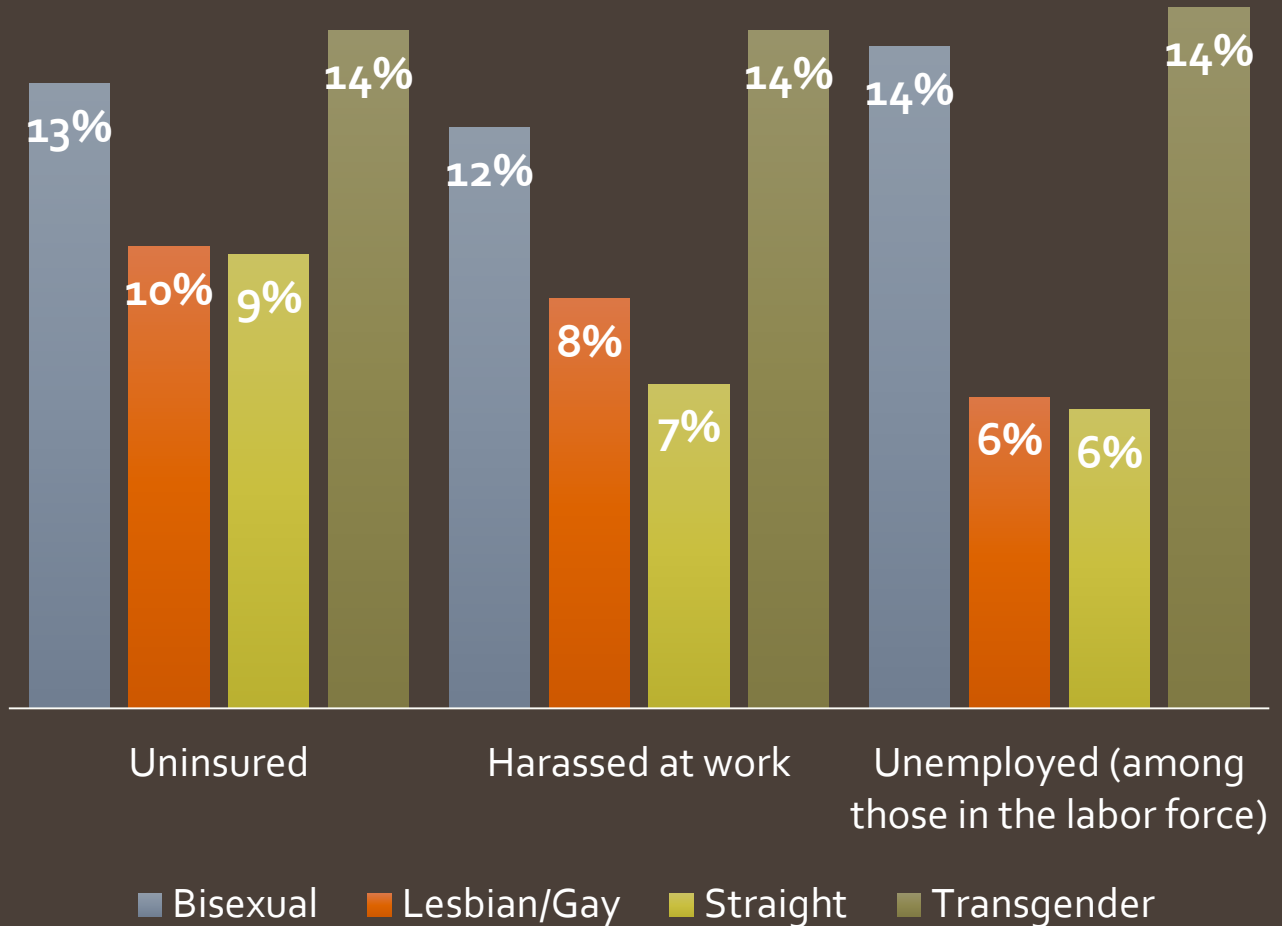


Source: Analyses by Gary J. Gates, PhD using 2015 National Health Interview Survey & James, S. E., Herman, J. L., Rankin, S., Keisling, M., Mottet, L., & Anafi, M. (2016). *The Report of the 2015 U.S. Transgender Survey*. Washington, DC: National Center for Transgender Equality.

Insurance and employment outcomes, by sexual orientation & gender identity

National Health Interview Survey, 2015
US Transgender Survey, 2015

Outcomes differ by sexual orientation and gender identity



Source: Analyses by Gary J. Gates, PhD using 2015 National Health Interview Survey & James, S. E., Herman, J. L., Rankin, S., Keisling, M., Mottet, L., & Anafi, M. (2016). *The Report of the 2015 U.S. Transgender Survey*. Washington, DC: National Center for Transgender Equality.