



OPPORTUNITY

conference

advancing LGBTQ & HIV health



Advancing LGBTQ & HIV Health: Navigating and Sharing Solutions

Monday, April 8 & Tuesday, April 9, 2019
Earle Brown Heritage Center
Brooklyn Center

www.opportunityconference.org

#OPPCON2019
#LGBTQhealth
#HIVhealth



WELCOME

Welcome to the 3rd Annual Opportunity Conference!

It's been just a year since Rainbow Health Initiative and Minnesota AIDS Project joined forces to become JustUs Health, and just a few months since we began incorporating the nationally-recognized Training to Serve curriculum on LGBT aging into our programs and services. We are already seeing the benefits, including the broadened scope of the topics we're offering at this year's Opportunity Conference.

JustUs Health envisions a Minnesota where people from diverse gender, sexual, and cultural communities experience health and wellness in powerfully inclusive environments. Our annual Opportunity Conference brings together our research, education and advocacy initiatives to create one of the largest LGBTQ health conferences in the Midwest. This is also when we release the results of our annual **Voices of Health** community survey. You'll find a snapshot of survey results in your conference bag.

We are delighted to have former Minnesota State Representative and candidate for Governor, Erin Murphy, as well as nationally recognized author and HIV activist Mark S. King, as this year's keynote speakers. We hope you find their presentations – as well as the more than 40 educational sessions we've assembled – to be challenging, informative, and inspiring.

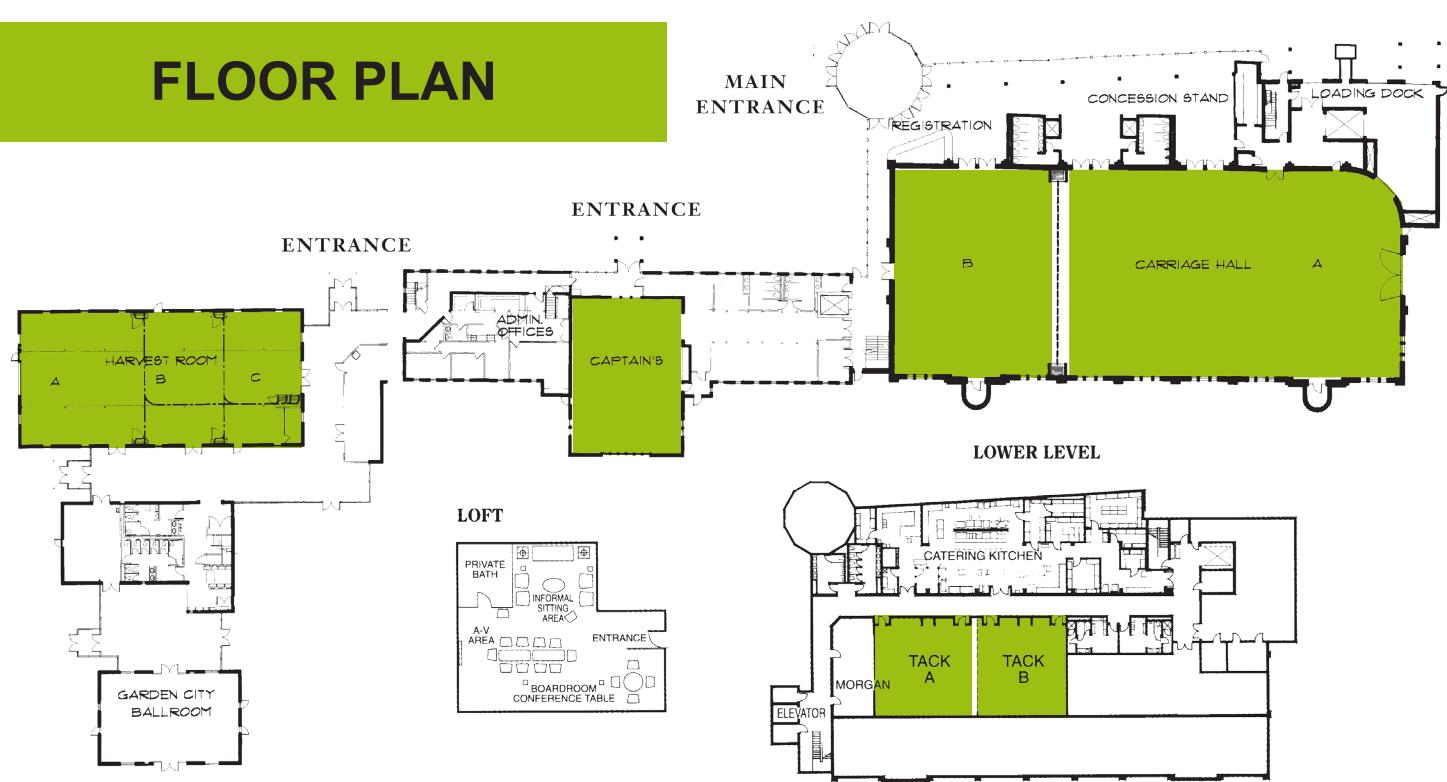
Whether you are a provider, a policy maker, or an advocate for greater equity in LGBTQ and HIV health in Minnesota, we welcome you! Thank you for being here and for the important work you do every day.



David Fey

Interim Executive Director, JustUs Health

FLOOR PLAN



SCHEDULE AT A GLANCE

Monday, April 8

8:00-9:00am	Registration, Breakfast, Exhibitors
9:00-9:15am	Welcome
9:15-10:15am	Plenary Session - Erin Murphy <i>"Opportunity and Opposition: The Road Ahead in 2019"</i>
10:30-11:30am	Workshop Block 1
11:45-12:45pm	Lunch with Provider Advisory Board panel
1:00-2:00pm	Workshop Block 2
2:15-3:15pm	Workshop Block 3
3:30-4:45pm	Workshop Block 4
4:45-6:00pm	Provider Reception

Tuesday, April 9

8:00-9:00am	Registration, Breakfast, Exhibitors
9:00-10:00am	Workshop Block 5
10:15-11:15pm	Workshop Block 6
11:30-12:30pm	Lunch, Exhibitors
12:45-1:45pm	Plenary Session - Mark King <i>"Life, Death and Joy: My 35 Years Living With HIV"</i>
2:00-3:00pm	Workshop Block 7

PLANNING COMMITTEE

A special word of thanks to the committee members who helped plan this conference.

Amanda Richards, Amanda Richards Consulting
Andy Hamp, Park Nicollet
Angela Pokharel, Minnesota Hospital Association
Charles Sederstrom, Medica
Gina Debogovich, Optum Health
Diane Graham-Raff, Metropolitan Area Agency on Aging
Dustin Miller, Livio Health
Dylan Flunker, JustUs Health
Dylan Karsten, Planned Parenthood
Ejay Jack, University of Minnesota Physicians
Gabrielle Filip-Crawford, College of St. Katherine
Janet Johnson, Meridian Health
Joan Higinbotham, JustUs Health (board)
Joann Usher, JustUs Health (ret.)

John Knudsen, Mayo
Julie Schoff, Essentia Health
Kate Lehmann, Lehmann Consulting
Larry Bussey, Medica
Megan Mueller, JustUs Health
Michael Stevenson, Essentia Health
Mika Baer, Ucare
Monique Sledd, JustUs Health (board)
Paul Skrbec, JustUs Health
Phil Duran, JustUs Health
Rajean Moone, JustUs Health/Training to Serve
Tanith Broom, TransChance Health
Tom Knabel, JustUs Health (board)
Troy Weber-Brown, CentraCare

Continuing Education Information

Learning Outcomes

At the conclusion of the Opportunity Conference, participants should be able to:

- Explain LGBTQ & HIV health disparities based on latest research
- Change outcomes through evidence-based best practices
- Propose policy, system and environmental clinical change
- Assess current health and human service systems and environments



Continuing Medical Education (CME) – Minnesota Medical Association

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation for Continuing Medical Education through the joint providership of the Minnesota Medical Association and JustUs Health. The Minnesota Medical Association (MMA) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Minnesota Medical Association designated this live activity for a maximum of 9.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Agenda and amount of CME credits available subject to change.

To receive a Statement of Attendance, participants will need to check-in at the registration table and provide JustUs Health staff a valid email address. Participants will receive a conference evaluation survey by email after the conference. After participants complete the evaluation they will receive the Statement of Attendance by email from JustUs Health.

To meet the accreditation standards of the Accreditation Council for Continuing Medical Education, all conference planning committee members, keynote speakers, and workshop presenters filed disclosures of their financial relationships with the Minnesota Medical Association to ensure no commercial interests influenced the content of the Opportunity Conference. Any disclosed financial relationships have been resolved.

The target audience for the Opportunity Conference are policy makers and practitioners, including all licensed care providers. The purpose of this conference is to address the persistent issues of health disparities affecting LGBTQ communities and people living with HIV, including denial of care, discrimination, and/or ignorance of their health conditions. Our purpose is to provide participants with the latest research and best practices on a variety of health conditions so they can provide optimal care for their LGBTQ patients and people living with HIV and to create inclusive and culturally responsive clinics.

Other health care professionals (physician assistants, nurse practitioners, nurses, etc.) who participate in this CME activity may submit their Statements of Attendance to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirement for acceptable continuing education.

Special Needs: We are committed to make this CME activity accessible to all individuals. If you need auxiliary aid(s) or service(s) as identified in the Americans with Disabilities Act, or have a dietary restriction, please describe your needs on the registration form. Most requests can be accommodated if notification is received by March 25, 2019.

Continuing Education – Minnesota Board of Social Work

JustUs Health is a Board approved Continuing Education (CE) provider. Our CEP approval number is: CEP-651. Participants can claim up to 9 continuing education credits. To receive a Certificate of Attendance, participants will need to check-in at the registration table and provide JustUs Health staff a valid email address. Participants will receive a conference evaluation survey by email after the conference. After participants complete the evaluation they will receive the Certificate of Attendance by email.

SCHEDULE

Opening Plenary Session - 9:15am - Monday, April 8

Opportunity and Opposition: The Road Ahead in 2019

Erin Murphy

Carriage B

Minnesota and nation have been stuck in seemingly intractable debates about how, or whether, to use the tools of public policy to improve the healthcare. The key areas of debate: how to meet the changing realities of people who are living with HIV, transgender and gender-nonconforming individuals, and the emerging LGBTQ and HIV+ consumers of older-adult services. As a registered nurse, a long-time advocate with the MN Nurses' Association, a Majority Leader in the Minnesota House of Representatives, and the DFL Endorsed Candidate for Governor in 2018, Erin Murphy has a deep familiarity with the healthcare debate in our state. She understands the real-world stories driving it – and the impacts it has on people in all walks of life. After speaking with countless Minnesotans from various backgrounds, hear the lessons Rep. Murphy taken away which could guide this important work moving forward.

Block 1 - 10:30am - Monday, April 8

LGBTQ+ 101 - The Basics

J Heinz, JustUs Health

Harvest C

Whether this is your first Opportunity Conference or just the most recent, it's critical to have a grounding in the basic terminology and concepts that are involved with LGBTQ health, HIV, and aging. What's the difference between sexual orientation and gender identity? What does the Q stand for? This session is designed for those who are unfamiliar with these terms or who want a refresher. The rest of the conference will make a lot more sense if you have these pieces in place!

Fix Your Face: Scenario Role Playing to Provide Inclusive, Non-Judgmental Care for LGBTQ+ Folks

Dylan Karsten & Brynn Rathjen, Planned Parenthood

Tack A

LGBTQ+ patients often present with questions or concerns that are new or unfamiliar to medical professionals. It is common for medical professionals to react with confusion or discomfort in these situations, which can be perceived as negative or judgmental by the patient. Research has shown that when patients feel judged, they are less likely to provide additional information and more likely to avoid future care, which contributes to existing health disparities for LGBTQ+ patients. This session will give medical professionals an opportunity to react to common questions and concerns in a safe space and receive feedback and coaching on how they may improve their facial and body language reactions.

Mental Health 101 In The LGBTQ Community

Liz Babkin, NAMI Minnesota

Tack B

LGBTQ folks have higher rates of mental illnesses and suicide than the rest of the population, in part because of the double discrimination we face as members of two separate marginalized groups. The unique struggles of LGBTQ folks experiencing a mental illness go unaddressed due to a lack of mental health training for professionals working with these clients and a lack of accessible, tailored services.

Seeking SOGI: A Large Healthcare Organization's Journey To Ask Every Patient About Sexual Orientation And Gender Identity: CHAPTER 2

John Knudsen, Mayo Clinic

Captain's

In 2018/2019 Mayo Clinic implemented a new EHR that allowed our organization to begin asking every patient to voluntarily disclose information about their sexual orientation, gender identity, and birth sex. We will present an update including completion rates, patient feedback, workforce issues, and integration of this information into downstream workflows and clinical workups.



SCHEDULE

Health Professional Education For Equity: What Are Students Learning About LGBTQ+ Health, And How Can We Do Better?

Harvest B

Jeanne Barkey, Metropolitan State University

Michael Ross, University of Minnesota (Medical School)

Rajean Moone (Facilitator), Training to Serve/JUH

Education is a political process. Social and economic disparities lead to educational and health disparities. Students, educators, preceptors, clinician-leaders, and community members are seeking changes in health professional education. What is going well, and not-so-well, in educating health professionals on LGBT health? What is being taught and learned, as both knowledge and skills? How does this vary by political climate and the challenges this brings? What is the classroom/clinical climate for students? How can we educate for equity? How can we create environments where students and clinicians bring their whole selves to the table? What are some strategies for inclusion and affirmation, accompaniment and liberation? What are some practical steps related to LGBT health equity in health professional education?

Save a Life: Naloxone training

Harvest A

Stephanie Devich, Valhalla Place

The opioid epidemic in Minnesota continues to take a heavy toll on individuals, families and communities. The Minnesota Department of Human Services (DHS) is attacking this problem from many angles, from prevention to treatment to recovery. DHS is operating a two-year, \$10.6 million project helping about 30 counties, tribes, providers and community agencies address the opioid crisis through prevention, treatment and recovery programs, including Naloxone distribution. DHS is committed to making Naloxone (Narcan, Evzio) available to more people, and this session will train individuals on the safe use of this drug, which can reverse an opioid overdose. Participants will receive two Naloxone kits.

Lunch - 11:45am - Monday, April 8

Creating a Cross-Sector Care Provider Network to Advance Transgender Health

Carriage B

Advisory Board Members

Working within and across health care systems to advance transgender health equity is challenging. Providers working with transgender people are disconnected across geography, by profession, and across systems, without enough time to connect. Necessary and needed resources for providers and communities across the state are currently scattered and inconsistent. Come learn about JustUs Health's Bush Community Innovation project that seeks to create something different by transforming the Minnesota LGBTQ Provider Directory into a platform for finding and sharing resources, building professional connections, and supporting one another's work. Attendees will hear from members of the project's advisory board and engage in visioning what provider connections and networks could look like for people working in transgender and LGBQ health.

Block 2 - 1:00pm - Monday, April 8

Getting Over It: Effective Techniques For Taking A Sexual History

Harvest C

Michael Ross, University of Minnesota

Because many LGBTQ individuals experience harassment or discrimination, which in turn can contribute to both health concerns as well as to a tendency to avoid seeking care for those concerns. Many practitioners express discomfort at asking these questions about a patient's sexual identity and sexual history, which has potential to reinforce a climate of silence. This session will explore why getting a sexual history can make a difference in providing excellent care to patients, and provide tips on how to break the silence and improve patient outcomes.

SCHEDULE

WPATH Update: Report from Buenos Aires

Captain's

Eli Coleman & Katie Spencer, University of Minnesota Program in Human Sexuality

The Standards of Care published by the World Professional Association for Transgender Health (WPATH) are recognized globally as one of the leading resources for health providers, insurers, and policymakers as they provide care for transgender and gender-nonconforming youths and adults. WPATH recently held its annual congress in Buenos Aires, which was attended by professionals from around the world, committed to strengthening the Standards in the upcoming Eighth Version. This session will report back to the provider community and give a preview of issues that will be addressed in SOC 8.

Who Uses PrEP in Minnesota?

Harvest B

Jacob Maxon, Hennepin County Public Health Department

Positively Hennepin is Hennepin County government's strategy to end its HIV epidemic. Released on World AIDS Day 2016, the county created Positively Hennepin using President Obama's National HIV/AIDS Strategy as a foundation. This strategy aims to double the number of Hennepin County residents using Pre-Exposure Prophylaxis (PrEP) with 2016 as a baseline. National data also illuminates that one community whom HIV hits particularly hard—young black men who have sex with men. This presentation will increase our understanding of who uses PrEP in Hennepin County and across Minnesota.

Dismantling Barriers To Equitable Healthcare For Patients Who Are Transgender

Tack B

Morgan Rock & Harper Nelson, Park Nicollet

An overview of the barriers patients who are transgender face in the current healthcare system will lay the foundation for the exploration of some methods and strategies that have been effective in dismantling or overcoming them. The role of the Care Navigator in achieving progress toward equitable care will be addressed. Discussion of successes and struggles with barriers will aid participants in considering new approaches to those that may currently seem insurmountable.

LGBTQ Health Community Conversation Outcomes

Tack A

Dylan Flunker & Shor Salkas, JustUs Health

On November 15th, 2018, The Minnesota Department of Health Center for Health Equity and JustUs Health co-hosted a Community Conversation to discuss the state of lesbian, gay, bisexual, trans, and queer (LGBTQ) health in Minnesota. Using a World Café model, participants were asked two questions about different LGBTQ health topics: 1) What are important or salient issues that are impacting health for this community? And 2) What are the conditions that are impacting those health issues? Join representatives from the Center for Health Equity and JustUs Health for a facilitated discussion to hear about LGBTQ community identified health issues and needs and also generate ideas to meet these needs in our health care systems and environments.

Medical Marijuana

Harvest A

Jared Poe, Sensible Minnesota

In recent years, numerous states, including Minnesota, have implemented medical-marijuana programs, creating newopportunities -- and concerns -- in the healthcare context. While many recognize marijuana's medical benefits, for example for patients with HIV or aging-related conditions, others express concern about the possibilities of addiction, and of healthcare professionals'role. This session will review the actual experience of medical marijuana in Minnesota and elsewhere, explore what's working and what's not, and consider the future of such programs.

SCHEDULE

Block 3 - 2:15pm - Monday, April 8

HIV Outreach And Advocacy In Minnesota's Communities Of Color: Report From The Underground Railroad

Captain's

Cree Gordon et al., Youth & AIDS Project

After discussions among a few Black Queer friends about the HIV needs of the Black same-gender-loving (SGL) male community, the oversaturation of targeted testing of this population, and the need for – and obstacles to – frontline staff of HIV-focused organizations in the Twin Cities working together to reach the population, critical staff of these organizations came together, wanting to explore ways to collaborate effectively by sharing good conversations, strategies of working together, and, of course, laughs. In this session we will discuss the challenges of targeted testing of Black MSM, strategies of working in a collective to reach a targeted group, and how these efforts can go beyond HIV. You will hear from the original organizers and a panel of current members of the “Underground Railroad.”

Voices Of Health: Report - Back From The 2018 LGBTQ Community Health And Wellness Survey

Tack A

Dylan Flunker, JustUs Health

Voices of Health, a model for LGBTQ community health research, is an annual LGBTQ health and wellness survey that offers valuable insight into the health access and experiences of LGBTQ people in Minnesota – one of the few such resources in the state. The results of this annual survey have been used to advocate for policy, systems, and environmental changes throughout the state. Come get a first look at the 2018 data and hear about how the research, education, and advocacy it informs are critical to serving the communities we care about.

Local Health Department & LGBTQ+ Health Advocacy

Harvest C

Rachel Goldberg, Public Health Madison & Dane County

In 2016, Public Health Madison & Dane County (PHMDC) conducted a county-wide LGBTQ+ community needs assessment. Sixteen community partner interviews were conducted to inform a LGBTQ+ Health and Wellness Profile. The profile highlights the inequities that people who identify as LGBTQ+ face throughout life, as well as the gaps in care and access that exist more locally. Since releasing the profile publicly, PHMDC has developed and facilitated six Health Equity trainings, which have filled to capacity by city/county staff.

Using New Statewide Data to Implement Data-Driven Tobacco Cessation Programming

Tack B

Darby Andre, Public Health Management Corp

Data reflective of LGBTQ serves as a point of social justice. Programming for LGBTQ populations cannot be fully effective without information provided by them and for them on the barriers they face. The Pennsylvania Department of Health partnered with a collection of public health agencies, including Health Promotion Council (HPC), in an effort to improve data on LGBTQ people. This presentation will describe key findings from the PA LGBTQ Needs Assessment and describe how HPC responds to the needs of LGBTQ people in their region, specifically related to tobacco.

Support Networks of Transgender and Gender Non-Conforming Older Adults

Harvest A

K Abel Knochel, University of Minnesota Duluth

Transgender and gender non-conforming (T/GNC) people face challenges to their social, emotional, and material supports when they socially and/or physically transition. They will navigate changes in their relationships with family and friends. T/GNC people often lose important pieces of their support system or gain new sources of support as they transition. These changes take on added significance in older adulthood and may make the difference between aging well or struggling to meet basic physical, emotional, and material needs.

SCHEDULE

Treatment Approaches For Transgender And Gender Diverse Youth

Harvest B

Angela Kade Goepferd, Dr. Kylie Fowler, Dr. Christopher Dunne, Children's Minnesota

This presentation is designed for clinicians who want to learn more about medical treatment approaches and protocols for treating transgender youth. Clinicians who attend this workshop will be able to learn treatment guidelines and considerations unique to medical therapy for transgender youth that would allow them to take the next steps toward providing hormone therapy in their own practices. Approaches to pubertal suppression, gender affirming hormones (transmasculine and transfeminine) as well as other medications used to aid transition in youth will be identified.

Block 4 - 3:30pm - Monday, April 8

IN•clued: Inclusive Healthcare - Youth and Providers Empowered

Harvest B

Caitlin O'Fallon, PPMNS

IN•clued: Inclusive Healthcare — Youth and Providers Empowered is a ground-breaking educational program that addresses the sexual health disparities LGBTQ youth experience across the United States. This presentation will provide an overview of the IN•clued program, as well as provide participants with a sampling of a few of the activities included in the full 3 hour IN•clued Health Center Workshop. Participants will be provided with a sampling of related tools and tips for providing LGBTQ inclusive health care for youth that are distributed during the full training program.

On The Frontier: Next-Generation Legal Issues In Trans Health

Tack A

Phil Duran, JustUs Health & Courtney Baga, Faegre Baker Daniels

As a result of much local, state, and federal advocacy, many of the long-standing barriers to transgender health coverage have been falling in recent years. However, in some cases, barriers have “reappeared” in procedures to get coverage, disputes about necessity, and access to competent providers, creating additional challenges to getting care. Nonetheless, advocacy efforts continue to both find ways around these barriers, and break new ground in expanding coverage to procedures such as facial gender confirmation surgeries, minors’ access to care, and more. This session will bring participants up to date on the latest reports from the front lines of this effort and provide guidance on how to respond to roadblocks in getting coverage.

Flooding the LBGTQ and POC Communities with Poison: An Interactive Overview of the Tobacco Industry's Tactics and Local Regulation of Products

Tack B

Natasha Phelps, Public Health Law Center

Smoking remains the leading cause of preventable disease and death in the United States, killing approximately 480,000 people each year. This crushing health burden falls disproportionately and recent data shows that large disparities remain. Menthol cigarettes are used at higher rates by vulnerable populations including youth and young adults, African-Americans, and LGBTQIA. This presentation will discuss the targeted marketing and disproportionate use of menthol tobacco products in the LGBTQ community, as well as policy options that address the sale of these deadly products.

Enhancing Lesbian, Gay, Bisexual, and Transgender Cultural Competencies in Healthcare Settings

Harvest A

Denise Felsenstein, Ursinus College

This interactive workshop will provide the audience with a hands-on learning activity addressing the process of how to integrate lesbian, gay, bisexual, and transgender (LGBT) cultural competencies into a healthcare setting. Aspects that will be addressed include environment, intake questions, and staff educational interventions. Workshop attendees will work in groups to create a plan for a LGBT cultural competence system change for various healthcare settings.

SCHEDULE

Emerging Issues in the LGBTQIA Community

Jacob Maxon, Gabriel Glissmeyer, Trina Olson, Dallas Drake, Christopher Surfus, and Paula Overby, Walden University

Captain's

This panel will examine critical conversations affecting the LGBTQIA communities in Minnesota, including government strategies to end the HIV epidemic, tobacco marketing methods, immigration issues, hate crimes and homicides, court and health systems, and other key areas that are considered the “final frontiers” of the LGBTQIA equality movement. While some of these subjects are touched on individually in other sessions, this panel will look broadly at issues facing these communities, synthesize important themes, and suggest future directions. All panelists are authors in “The Routledge Handbook of LGBTQIA Administration and Policy” (January 2019)

Considerations in Hormone Therapy and the Primary Care Needs of the Aging Transgender Population

Harvest C

Deborah Thorp & Andy Hamp, Park Nicollet

The aging LGBTQIA community highlights the need for clinicians to develop best practice standards for healthcare that incorporates the effects of gender transition-related treatments. Many patients have been on hormone therapy for years, and others are starting cross-gender hormone therapy later in life. A facilitated discussion of current research and best practices among clinicians currently caring for patients who are older and transgender will follow.

Block 5 - 9:00am - Tuesday, April 9

Transgender Voice and Communication: Holistic Therapy for the Whole Client

Tack B

Marilyn Fairchild, University of Minnesota

Transgender individuals seeking to modify their voices are often concerned about elevating or lowering their pitch, but they may not be aware of the other elements that may “gender” our voices or affect their vocal health. This presentation offers an explanation of the many factors that affect voice perception, including vocal health, pitch, resonance, inflection, articulation, semantics, and nonverbal communication. Observations of clients who express how their voice has affected their transition, self-esteem, and day-to-day lives will also be discussed.

Navigating Senior Services For LGBT Older Adults And Older Adults Living With HIV

Captain's

Rajean Moone, Training to Serve/JUH & Lukus Zuker, Metropolitan Area Agency on Aging

In this intermediate level session targeted to case managers, community health workers, social workers, nurses and others that assist people in finding resources, the “aging service system” will be mapped. Attendees will learn how aging services are organized, where important focal points in the community exist, and best practices in navigating services. Attendees will explore public financial benefits for older adults and family caregivers and the impact of “aging into” an older adult-oriented benefit system from a disability-oriented benefit system.

Lavender Linguistics & HIV Discourse: How Do Gay AIDS Generational and Millennial Men Talk About HIV?

Harvest C

David Anderson

The term “lavender linguistics” was coined by William Leap in the early 1990’s. This term was used to define how LGBT people communicate. Few studies about lavender linguistics and HIV discourse exist. Many of the existing ones have found differences in how gay AIDS Generation (born 1945-1974) and late Millennial (born 1989-2000) men discuss HIV. This qualitative research study was performed in 2018 in the Minneapolis/St. Paul metro area.

SCHEDULE

Becoming Who They Are: Providing Supportive Primary Care To Transgender And Gender Diverse Youth

Harvest B

Angela Kade Goepferd, Children's Minnesota

This presentation will provide an overview of gender identity development in children and youth, and help differentiate cisgender children experimenting with gender roles from transgender children. Stages of medical support and transition for children and youth will briefly be covered. Most of the session will focus on how clinicians and allied health professionals can create a supportive care environment in clinics and medical care settings for transgender and gender diverse youth and their families.

Adult Sex Ed: Beyond Procreation and STIs

Harvest A

Megan Mueller, J Heinz, and Alyssa Andrews, JustUs Health

Understand the current state of sex education in Minnesota. This includes conversations about how the state-funded curriculum in Minnesota is abstinence only, procreation focused, heteronormative, and fear-based. We will talk about the harm of fear based education and talk about different LGBT specific STI transmission facts. Session will include the different types of risk reduction related to sexual practice and how individuals should be empowered to choose their own informed path.

Block 6 - 10:15pm - Tuesday, April 9

We Do Good Work And We Know It: Why Do I Hate Program Evaluation?

Harvest C

Doug Moon, bibo Consult Services

Serving the diversity of LGBT & Queer communities is important. Knowing what your program is and does is critical in order to describe its success and effectiveness. Community-based organizations (CBOs) in the US generally lack the capacity (or willingness) to conduct high-quality evaluations of their own programs. This [user-friendly] skill-building session facilitates participatory discourse on the variety of approaches of framing program evaluation issues among non-profit CBOs.

Attachment Theory and the LGBTQ+ Community

Tack A

Rick Laska, JustUs Health

Attachment theory has been a staple in mental health training, but it's historically been left at just a theory. Research shows the LGBTQ+ community disproportionately experiences mental health issues. LGBTQ+ clients can experience ruptures in developmental relationships, leaving them with deep attachment wounds: they may be rejected by their families; their gender developmental needs may be neglected; or they may experience violence from their communities. This session will assist providers in operationalizing attachment work to heal developmental wounds.

LGBTQ&A: Results And Implications From An Aging LGBTQ Needs Assessment

Captain's

Kelly Rice, Howard Brown Health

The health care disparities among people who identify as LGBTQ are well documented, but the disparities widen as patients age and health care needs increase. Disparities include barriers to services, gaps in available resources, and lack of culturally competent care. By 2030, the older adult population in the United States aged 55 years and older is expected to increase to 130 million individuals. Paralleling this growth, the LGBTQ older adult population is expected to double to about five million.

SCHEDULE

Insuring Equity: Changing The Health Insurance Industry To Better Serve The Transgender Community

Tack B

Ani Koch & Mindy Rocha, BCBSM

In 2016, the largest health insurer in Minnesota kicked off an innovative project with an aim to provide more inclusive and equitable care and service for transgender Minnesotans. The Transgender Consumer Experience Project was an unique combination of community engagement and cross-enterprise action learning. It was the catalyst for change internally and continues to fuel a larger health equity integration strategy. This session will give an overview of the original project and the work to date, explore what changes have been implemented across departments, and provide practical ideas to improve work environments and health care experiences for transgender consumers.

Chemical Health & HIV

Harvest A

Megan Mueller & J Heinz, JustUs Health

This session is designed for individuals seeking to learn more about HIV and the intersection of chemical health and sexual health. Because sexual behaviors are often linked to a person's chemical, mental, and physical health, addressing these issues is important for both individuals who are living with HIV and those who are unaware of their status. This training will help attendees feel prepared to discuss HIV, STIs, and sexual health with their clients, understand their role in creating a safe, non-judgmental practices for clients that have HIV, and more.

Preemption: What It Is and Why It Matters for LGBTQ+ Health

Harvest B

Julie Ralston Aoki & Natalie Hemmerich, Public Health Law Center

This table topic session will alert participants to the legal issue of "preemption," how it's being applied to thwart public health progress across a range of social determinants of health, including LGBTQ+ status, and tools and resources to counteract preemption efforts in their states. The negative public health effects of preemption have been felt most acutely by certain priority populations, such as persons of color, those in lower socioeconomic groups and the LGBTQ+ community.

Lunch - 12:45pm - Tuesday, April 9

Life, Death and Joy: My 35 Years Living With HIV

Carriage B

Mark King

Long-term survivor and advocate Mark S. King shares his experiences as a person living with HIV, spanning the entire history of the HIV/AIDS epidemic.

Block 7 - 2:00pm - Tuesday, April 9

Reparative "Therapy" – Undoing The Harm To LGBTQ Youth

Tack B

Cat Salonek, OutFront Minnesota

In recent years, over a dozen states across the country have moved to ban the use of so-called "reparative therapy" as a means to attempt to change a person's sexual orientation or gender identity, responding to evidence of both inefficacy and harm. This session will explore what actually is involved in this practice, review the experiences of other states, update participants on the status of discussions in Minnesota, and identify ways people can get involved in these efforts.

SCHEDULE

Understanding Medical Aid in Dying

Rebecca Thoman, M.D., Manager, Doctors for Dignity

Captain's

The medical aid-in-dying movement and the LGBT rights movement are deeply intertwined, helping each other achieve monumental progress over the years. From passing the nation's first Death with Dignity law to allowing same-sex partners to act as healthcare proxies for one another, the two movements have decades of crossover. Currently, seven states and the District of Columbia authorize medical aid in dying whereby a terminally ill adult may ask for and receive a prescription medication for a peaceful death. Twenty more states have introduced similar legislation. In this presentation, you'll learn about the clinical criteria and protocol for medical aid in dying, data from authorizing states, ethical arguments and status of legislation in Minnesota.

Mark's HIV Time Machine

Mark King, myfabulousdisease.com

Harvest A

Join internationally recognized writer and activist, Mark S. King, for a journey through the history of the AIDS epidemic, how society and science have changed over time and their implications on how we move forward to end HIV. Diagnosed with HIV in 1985, Mark's personal journey tells the story of thousands of gay men surviving HIV and AIDS. His session builds and expands on information presented in his keynote address.

Beyond the Turkey Baster - Preconception Counseling and Fertility Care Redesigned

Janine Stiles, Mandala Midwifery Care

Harvest B

LGBTQ people grow their families in a variety of ways – adoption, surrogacy, conception, fostering, etc. Using one's body to conceive a baby is one of these many ways and clinicians and alternative care providers can find themselves unsure of how to counsel their lesbian, bi and transgender patients as they begin this process. We will review additional preconception guidance and counseling that can be provided to queer identified folks as they begin their conception journey and seek insemination services.

Our Words Matter

Yvon Lonning, Youth and AIDS Project

Harvest C

Living and working in a hetero- and cis-normative culture, often silently influences the words we use with clients. Counselor language and word choices reflect individual awareness of personal and cultural values, role hierarchies, and behavior expectations for individuals, couples, and groups (Blumer, 2013). Linguistic choice often further defines interactions with limited space to accept identity or expression. It's time to deliberately move beyond awareness of a potentially invalidating experiences and meanings with words.

Treating Post Induction Trauma in Gender

Troy Weber-Brown, CentraCare Sexual and Gender Medicine

Tack A

Trauma experienced by Transgender, Transsexual, and Gender Non-conforming clients is often times compound and under identified. Trauma can disrupt development, ability to make informed consent for medical and surgical procedures, and post-surgical recovery. This session will review trauma commonly experienced within the gender non-conforming communities, signs and symptoms of having experienced trauma, and difficulties in cognitive and emotional development due to relational trauma.

KEYNOTE SPEAKERS



Erin Murphy

Monday, April 8, 9:15-10:15am

Opportunity and Opposition: The Road Ahead in 2019

Erin Murphy is the former Majority Leader of the Minnesota House of Representatives from 2013-2015 and represented District 64A from 2007 – 2017. She ran for Governor in 2018 and is a former executive director of the Minnesota Nurses Association.

She received her bachelor's degree in nursing from the University of Wisconsin-Oshkosh in 1984 and earned her master's degree in organizational leadership from the College of St. Catherine in 2005.

Erin grew up in Janesville, Wis., where she was raised by her mother and father along with her brothers and sister. She met her husband, Joe, in 1980 and were married in 1989. Their twin daughters, Bridget and Anna, were born in 1991.

Erin started her nursing career at St. Joseph's Hospital in Marshfield, Wis. As a surgical nurse. She later moved to St. Paul to begin working as part of a transplant team at the University of Minnesota.



Mark King

Tuesday, April 9, 12:45-1:45pm

Life, Death and Joy: My 35 Years Living With HIV

Mark S. King is an award-winning blogger, author, and HIV/AIDS advocate who has been involved in HIV causes since testing positive in 1985. His blog, *My Fabulous Disease*, was awarded the National Lesbian and Gay Journalist Association's "Excellence in Blogging" honor in 2014, 2016, and was nominated for a 2015 and 2017 GLAAD Media Award. In 2015, HIV Equal named King one of "13 Legendary Activists in the Fight Against HIV."

After graduating from the University of Houston in 1981, King pursued an acting career in Los Angeles and appeared in dozens of television commercials. In 1993, he moved to Atlanta to serve as executive director of AIDS Survival Project, and later as Director of Education and Communications for AID Atlanta, the southeast's largest AIDS service agency.

During his tenure at AID Atlanta King began producing columns and essays on HIV and gay life in general and became a sought-after speaker for public forums and conferences.

King has appeared as a spokesperson on ABC News, 48 Hours, CNN News and in The Wall Street Journal and The New York Times. His award-winning writing has been featured in The Advocate, Newsweek, POZ Magazine, Queerty, and TheBody.com.

In 2011, Mark was honored to be included among the "POZ 100," the 100 people and ideas that POZ Magazine finds most inspiring. In November of 2012, Instinct Magazine named Mark one of their "Leading Men of 2012" for his HIV/AIDS advocacy and writing. Mark made the cover of the June 2013 issue of POZ Magazine, which included his essay, "The Sound of Stigma." He was also honored to be among the Grand Marshals of the 2013 Atlanta Pride parade.

Today, Mark lives in Baltimore with his husband Michael.

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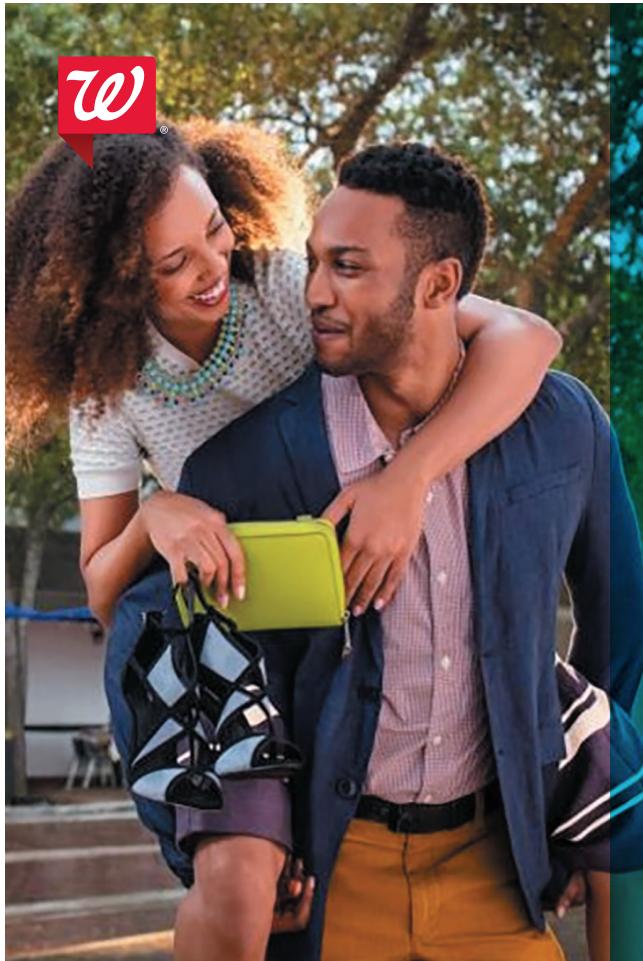


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 FAIRVIEW

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Safe use of Naloxone to reverse opioid overdose training at the Opportunity Conference April 8, 10:30 – 11:30 a.m.



Training by the **Steve Rummler Hope Network** and **Valhalla Place**, with support from the Minnesota Department of Human Services.

This service is funded by the Federal Ryan White HIV/AIDS Treatment Extension Act of 2019.



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