



**Opportunity Conference 2018**  
**Tentative Breakout Sessions and Workshops**  
*updated 12/22/17*

**Uprooting Stigma: Addressing Substance Use Disorders and Mental Health in the LGBTQ Community**

Christa Spielman; PRIDE Institute

*Understanding the pervasive realities of stigma and discrimination against members of the LGBTQIA+ community and how this manifests in their mental and behavioral health*

**Gender and Sexuality: Clinical Implications for Addressing Intersectionality**

Troy Weber-Brown; CentraCare Health Sexual and Gender Medicine

*Increasing awareness of presenting gender and sexuality concerns*

**Gender Confirming Facial and Voice Surgery and its Impact on Quality of Life**

Dr. Bryan Rolfes; Omni Facial Plastic Surgery

*Educating the audience on what facial and voice feminization surgery is and how it performed*

**Yoga: A Healing Justice Practice for Ourselves and our Communities**

Jeanne Barkey; Metropolitan State University

*Participants will explore ways that yoga facilitates healing from trauma and promotes health for individuals and communities*

**Expanding Transgender Health at a Large Health System**

Michael Stevenson; Essentia Health

*How to establish and maintain patient and family input into health care provision decisions*

**Health Service Use and Provider Experiences among LGBTQ Adults in the Midwest: Results from the 2017 Voices of Health survey**

Colleen Fisher, Dylan Flunker, Hannah Serwe; University of MN, Rainbow Health Initiative

*Attendees will understand variations in the health care experiences of LGBTQ people in the Midwest*

**Fixing Sex: Studying the Medical Imperative to Conceal Intersex Differences of Sex Development**

Sharon Preve; Hamline University

*Participants in this workshop will learn about challenges to the current standard of care for children and adults with intersex differences of sex development*

**Working with Chemical Health issues in the queer community with a harm reduction, trauma informed lens**

Christy Rushfeldt and Chris Lorenz; MN AIDS Project

*Learn about current substance use and mental health trends in the LGBTQ community and their intersection with trauma*



**Does Bacterial Vaginosis Behave as A Sexually Transmitted Disease Within Women Who Have Sex with Women?**

Stephanie Larios, Kristin Mahr; Urgent Care Medicine, PA

*Educating medical providers on the patterns of acquisition of BV among WSW*

**Foundations of Sand: Health Policy and the LGBTQ Communities in the Trump Era**

Phil Duran and Christy Hall; Outfront MN and Gender Justice

*Attendees will gain insight into the interrelationships of branches of government and their ability to affect health policy for better or worse*

**Addressing LGBTQ Youth Homelessness in Our Communities**

Ryan Berg; Avenues for Homeless Youth

*After participating in this workshop, participants will be able to name ways to approach youth work through a lens of social justice and youth empowerment*

**The Health of LGBQ Youth: A Two-Year Analysis**

Daniel Fernandez-Baca; MN Department of Health

*To understand the changing nature of health among LGBQ youth, this workshop will encourage community groups and health organizations to engage with MDH in analyzing the data*

**Care with A Trans Person in Mind**

Laine Mohnkern and Felicia Washington-Sy; Reclaim

*How to increase accessibility of care for trans people*

**LGBT: Communities We Work and Live In**

Felicia Washington-Sy and Laine Mohnkern; Reclaim

*Learn how to become a better provider to LGBTQ individuals and people of color*

**Positively Hennepin: Hennepin County's Strategy to End HIV**

Jake Maxon; Hennepin County

*Attendees will learn how Positively Hennepin calls for systemic changes to end its HIV epidemic*

**Making the Invisible, Visible: LGBTQ Victims of Violence**

Nicole Engel and Eva Wood; Outfront Minnesota

*Learn about the higher rates of sexual violence, harassment, and relationship abuse experienced by LGBTQ individuals and the impact of those experiences on LGBTQ health and well-being*

**Disrupting Disparities: Menthol Tobacco Sales Restrictions**

Chris Turner and Kristen Werner; Association of Non-smokers of MN

*Participants will leave with an understanding of tobacco industry targeting, and learn steps to successfully pass a policy restricting the sale of menthol tobacco*



**Our Stories. The Real Lives of LGBT Seniors**

Kathleen Gates, Don Hoagland, Jean Captain; Northland LGBT Elders; Grand Portage Annishanibi; former US Navy

*To personalize the LGBT Elder issues, this workshop will provide millennial and gen X cohorts with an understanding of LGBT elders fear and questioning of health institutions and desire to keep the "Community" intact*

**Utilizing a Housing First/Harm Reduction Philosophy in a HIV Supportive Housing Program**

Chuck Peterson and Michele Boyer; Clare Housing

*Presenters will identify and discuss best practices to successfully use Housing First/Harm Reduction principles in an HIV supportive housing setting*

**Discrimination and the overall health of Hennepin County's LGBT residents**

Mei Ding and Jake Maxon; Hennepin County Public Health

*This workshop will define LGBTQ health disparities based on new/emerging data and explain policy, system, and environmental proposals to improve climate for LGBTQ patients*

**Enhancing Lesbian, Gay, Bisexual, and Transgender (LGBT) Competencies in Healthcare: A quality improvement initiative workshop**

Denise Felsenstein; Lippincott Professional Development

*This workshop will identify 3 LGBT cultural competencies recommended by The Joint Commission for healthcare settings to help with reduction of LGBT health disparities.*

**The Opioid Epidemic: Where We Are At**

Dave Rompa; MN Department of Human Services, Alcohol and Drug Abuse Division

*This session will impart information regarding opioid/MAT services in Minnesota*

**It's Not Always About Transition**

Timothy Katz and Jazmine Williams, Bre Moulder; Planned Parenthood

*By the end of this workshop participants will be able to list 3 barriers that transgender patients face when they are accessing medical services and provide 2 strategies that can be used to help create a more affirming space for transgender patients*

**Intersectionality of Gender Identity and Race and Ethnicity among Minnesota Students**

Miko Gamban and Dan Fernandez-Baca; MN Department of Health, Center for Health Statistics

*Presenters will describe disparities in health among Minnesota students based on gender identity and race and ethnicity.*

**Relationships, Role Models, and Rural LGBTI Youth**

Joseph Rand; University of MN, Center for Youth Development

*Presenters will identify resources needed for rural LGBTI youth & how to advocate for peer support methods in schools and inclusive policies and education.*



### **LGBTQ Tobacco Use in Wisconsin**

Anneke Mohr and Anthony Harris, Jen Murray; Community Advocates, Diverse and Resilient, UW-Milw  
LGBT Resource Center

*Explore why cessation remains difficult for many LGBTQ smokers*

### **LGBT2S Health and Healthcare in Rural Communities**

Alisa Tomette; Memory Keepers Medical Discovery Team, UMD Medical School

*Learn how to communication between providers and LGBT2S patients on population specific biomedical  
and mental health topics*

### **Chemical Dependency Treatment Specific to LGBTQ Individuals**

Janet Johnson; Meridian Behavioral Health - Latitudes

*Discuss best practices regarding chemical dependency treatment of the LGBTQI population, and  
understand why traditional treatment programs do not meet the specific needs of this population*

### **Provider Concerns, Youth Reactions: Transgender and Gender Nonconforming Health Care**

G. Nic Rider, Marla Eisenberg, Amy Gower; University of MN, Program in Human Sexuality

*Learn about youth and providers' perspectives on addressing gender identity during office visits & discuss  
training needs to strengthen medical and nursing education to improve the health care experiences of  
TGNC youth*

### **Creative Community Responses for LGBTQ Youth Experiencing Homelessness**

Ryan Berg; Avenues for Homeless Youth

*After participating in this workshop, participants will be able to recognize and acknowledge that youth  
benefit from living with adult allies who are aware of the inherent power dynamics of the host home  
model and strive to minimize misuse of power*

### **Closing the LGBTQ Tobacco-Use Disparity Gap through Community Based Partnerships**

Mara Aussendorf, Jamie Magee; Research and Evaluation Group at Public Health Management  
Corporation

*Analyze in-depth LGBTQ tobacco use disparities and learn about the significance of cultural competency  
among tobacco cessation providers and the significance of tobacco cessation services among LGBTQ  
organizations.*

### **Gay and Gray: Latest Research, Practice & Policy on LGBT Elders**

Rajeane Moone, Jane Danner, Rob Rode; Training to Serve, Volunteers of America, Voight, Rode, Boxeth

*Participants will learn the latest trends in LGBT aging research, practice and policy and will understand  
advocacy needs of LGBT older adults and caregivers*

### **LGBTQ Standards of Inclusion for Health and Human Services**

John Parker-Der Boghossian; Rainbow Health Initiative

*By implementing the LGBTQ Standards at their organization, participants can dramatically advance  
health equity by taking a comprehensive approach that considers the entire patient experience as well as  
the employee life-cycle.*



**A MN Plan to End AIDS**

Matt Toburen and Chuck Peterson; MN AIDS Project, Clare Housing

*Participants will learn about systems change, legislative advocacy and new developments in the fight against AIDS*