

FOOD JUSTICE SUMMIT



DRAFT - current as of 8_18_19 - SUBJECT TO CHANGE

Full Schedule and Breakout Descriptions

Monday, November 4th 2019

- Noon to 6:00 **Registration is Open**
- 1:00 to 5:00 pm **Duluth Learning Experiences (TBD)**
- 6:00 to 8:00 pm **Evening Plenary & Dinner Buffet**

Tuesday, November 5th, 2019

- 7:30am **Registration Opens**
- 7:00 to 8:00 am **Optional Workout/Bodywork**
- 8:30 to 10:30 am **Breakfast Buffet**
- 10:00 am to Noon **Keynote Speakers and Facilitated Conversation**
Sean Sherman, The Sioux Chef
Amani Olugbala, Soul Fire Farm
- 12:00 to 12:15 pm **Break**
- 12:15 to 1:15 pm **Lunch**
- 1:15 to 1:30 **Break**

Afternoon Sessions:

At the same time – **Deep Dive Sessions 1:30 to 4:30**

Breakout Sessions:

Set A) 1:30 to 2:45

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Break – 2:45 to 3:15

Set B) 3:15 to 4:30

Deep Dive Sessions 1:30 to 4:30

Pick one deep dive session (3 hrs) for the afternoon OR pick two breakout sessions (75 min. each).

1. Good Food For All: How SuperShelf Values Inform an Equity-Based, Person-Centered Approach in Food Shelves (ROOM)

SuperShelf is a healthy food intervention and a broader collaborative movement that creates equitable, person-centered access to healthy, appealing, and culturally appropriate food. Learn about the foundational values and methods of SuperShelf and participate in experiential activities you can use to address root causes of inequity in our food system!

Lyncy Yang

The Food Group & the SuperShelf Leadership Team

Nora Gordon

University of Minnesota & the SuperShelf Leadership Team

Laura Bohan

University of Minnesota Extension & the SuperShelf Leadership Team

2. Minneapolis PLANT-GROW-SHARE, a deeper dive: How decentralized power leads to personal growth

PLANT-GROW-SHARE creates holistic change and healing by creating space for reconnecting with the land and ourselves, growing our own food, stepping out of our comfort zones, and building a sense of belonging. In this workshop, attendees will participate in rethinking community engagement, emphasizing decentralization of power and personal growth.

Fernanda Sequeiros

Central Area Neighborhood Organization

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Magdalena Kaluza Central Area Neighborhood Organization
Lane Brown Central Area Neighborhood Organization

3. Equity-Centered Design for Better Food Systems

This interactive session provides the opportunity to co-learn equity-centered design to build better food systems for all. This process uses human-centered design (or design thinking) through a food justice, equity, and community perspective. This session creates an opportunity to apply and workshop ideas together across the food systems, and challenges us to put on an equity lens to do better.

Sook Jin Ong

4. Shared Gifting and Other Tools for a Food System Revolution

Join community leaders and facilitators of the Action Learning Seed Fund for a deep dive into participatory grantmaking and other decentralized ways of working together to change the food system. You will participate in a simulated shared gifting experience and brainstorm with your colleagues about other ways to democratize systems.

Jamie Bain University of Minnesota Extension
Shirley Nordrum University of Minnesota Extension
Noelle Harden University of Minnesota Extension
Stephanie Heim University of Minnesota Extension

5. Food Justice Timeline - Zoe Holloman

The Food Justice timeline is an 80-foot timeline of many of the institutional and governmental policies and decisions, as well as social movements and grassroots actions that have taken place over the centuries to create today's food system. It contains tangible representations of the policies, systems and environmental factors that have led to Minnesota having some of the greatest disparities in hunger, healthy food access, income, and other measures of health and economic self-sufficiency, across racial and social lines.

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6. Quiet Time Room

7. Open Space

Breakout Session 1:30 to 2:45

1. SPARK Talks:

a. **Creating Access to Healthy Foods: The Tokens For Tomatoes Movement**

What happens when small town communities don't receive grant funding to create, promote, and sustain access to healthy foods? SHIP funded and implemented programs save the day. Tokens for Tomatoes, TFT, is an all age sustainable program to promote and create access to affordable healthy foods.

Anna Snyder

Countryside Public Health

Ashlie Johnson

Countryside Public Health

b. **Rescuing Commercially-Prepared Food to Reduce Food Waste and Feed the Community**

MealConnect is an innovative online platform that allows food service operators to easily and safely donate excess food to the hunger-relief system. Second Harvest Heartland has been utilizing this tool since 2018 to build out a sustainable program that reduces food waste and the associated costs and environmental impact, while providing wholesome food products to meal program partners that serve our hungry neighbors.

Dianne Wortz

Second Harvest Heartland

c. **Addressing social determinants of health through a Food Access Campaign in Minneapolis, Minnesota.**

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This “Spark Talk” will explore the application of food justice through an overview of collaboration across sectors to address a community need. It will discuss a campaign to address food access led by the Minneapolis Health Department in partnership with non-profits, clinics, and community organizations. This session will share challenges and lessons learned and will “spark” attendees to generate their own ideas for cross sector collaboration to address community identified needs.

Evalyn Carbrey

Minneapolis Health Department

2. Trials Of An Immigrant Owned Cooperative

Latino Economic Development Center and Shared Ground Farmers’ Cooperative present on the issues facing current cooperatives and socially disadvantaged farmers. Both Cala Farms and Agua Gorda Cooperative will discuss their issues and the benefits of being a member of a farmers’ cooperative.

Aaron Blyth

Latino Economic Development Center

Rodrigo Cala

Latino Economic Development Center

Javier Garcia

Victoria Hoffman

Shared Ground Farmers' Cooperative

3. Your Role in Advocacy to Advance Food Policy Solutions

Across Minnesota, advocates are working to create a better food system that improves access to foods and supports farmers and growers. This session will offer lessons learned from recent food policy efforts. In small groups, you’ll participate in exercises to grow your advocacy skills. Together we’ll identify next steps to strengthen a food policy movement.

Leah Gardner

Hunger Solutions Minnesota

Erin McKee

Institute for Agriculture and Trade Policy

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4. Meals on Heels: Interdisciplinary Service Learning through Food System Intersectionality

This fall, Roosevelt High School students and teachers, as well as community organizations, embarked on an interdisciplinary and intersectional service learning project called Meals on Heels. This session will be a presentation, reflection, inquiry, and demonstration of that process, as well as an opportunity to think together about how to realize other such projects in our communities.

Ben Rengstorf	Roosevelt High School, Minneapolis Public Schools
Shannon Nordby	Roosevelt High School, Minneapolis Public Schools
Kari Slade	Roosevelt High School, Minneapolis Public Schools
Christina Campbell	Roosevelt High School, Minneapolis Public Schools

5. Reclaiming Indigenous Food Relationships: Improving Health with Culture

The American Indian Cancer Foundation (AICAF) will share a newly developed resource, Reclaiming Indigenous Food Relationships: Improving Health with Culture. This framework recognizes and honors cultural foodways as being central to life and serves as a valuable tool for integrating culture into efforts to restore health for American Indian people.

Daanis Chosa	American Indian Cancer Foundation
Angie Nason	American Indian Cancer Foundation

6. How meaningful collaborations changed our food system.

Come see how meaningful collaborations sparked the change of an entire nonprofit food system. From food shelves, to community meals, to urban agricultural that helps support it all.

Ethan Neal	Pillsbury United Communities
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Jovita Morales	Pillsbury United Communities
Luis Ortega-Castrellon	Pillsbury United Communities
Ganga Acharya	Pillsbury United Communities

Breakout Sessions 3:15 to 4:30

1. SPARK Talks:

a. **Grow Rx: A Ground-Up Gardening Prescription Project: Complimenting Community Health and Wellness in the Rondo, Frogtown, & Twin Cities Area**

Grow Rx is a community grown program that connects neighbors with the skills and resources to grow their own garden. Local health care providers write a garden 'prescription' which is filled by a local community garden collaborative the Urban Farm and Garden Alliance.

Emily Lincoln	Urban Farm and Garden Alliance
Laura Bohlen	University of Minnesota Extension

b. **Showcasing Duluth Community Garden Program Garden: Access to Healthy Food**

In this 10 minute showcase, AmeriCorps VISTA Kelsie, will present DCGP's history and use of gardens maximizing Duluthians access to healthy food and access to garden space in all neighborhoods.

Kelsie Meyer Duluth Community Garden Program

c. **Increasing Fresh-Food Access: A Community Food Case Study**

Sow the seeds of food security with grassroots community action. Partnerships are the building blocks to achieve end goals and create

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sustainable programs to help those in need. Kelly Rae Kirkpatrick shares a case study on fresh-food access in Rochester, Minnesota.

Kelly Kirkpatrick Plant a seed

2. **Indigenous Breastfeeding: A Reconnection to Our Past**

Breastmilk is the first food and first medicine for American Indian and Alaska Natives. We will share how the Indigenous Breastfeeding Coalition of Minnesota, Tribes, and community organizations (Mewinzha) are supporting breastfeeding through policy and practice. We also will share how attendees can participate, including through a new survey tool.

Takayla Lightfield	Indigenous Breastfeeding Coalition of Minnesota
Natalie Nicholson, APRN-CNP, CLC, PHN	Mewinzha Ondaadiziike Wiigaming & Indigenous Breastfeeding Coalition of Minnesota
Benjamin Yawakies	Public Health Law Center
Julie Ralston Aoki, JD	Public Health Law Center

3. **Growing North Minneapolis: Empowering Youth through Experiential Learning in Urban Ag**

This 75-min instructional session will focus on the Growing North Minneapolis summer youth development program. We are a community-university partnership that advances environmental, social and racial justice through urban agriculture in the North Minneapolis community. Our program collectively empowers youth to build professional skills through experiential learning in food systems.

Mary Rogers	University of Minnesota Department of Horticultural Science/Growing North Minneapolis
Michael Chaney	Project Sweetie Pie/Growing North Minneapolis

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Olivia Woker Growing North Minneapolis
Illana Livstrom University of Minnesota/Growing North Minneapolis

4. **Hungry to Get There: Exploring the transportation challenges that Latinos Have in accessing food in Urban and Rural Minnesota**

This presentation will explore the nexus between food access disparities and transportation mobility. By asking what are the challenges that Latino immigrants in rural and urban Minnesota face to get to healthy and culturally relevant food, we identify tools and findings to uphold the voices of under-represented groups.

Fernando Burga Humphrey School of Public Affairs, University of Minnesota

5. **Demystifying Law & Policy: A Walk-in Session for Anyone Working on Food Systems Law & Policy Change**

Drop in to talk with staff from the Public Health Law Center (lawyers; planner) at this walk-in session for on-the-spot help with food systems law and policy questions, resources, networking, and links – or to brainstorm policy change ideas. We are eager to work with you to achieve food justice aims.

Susan Weisman Public Health Law Center
Amanda Karls Public Health Law Center
Ross Daniels Public Health Law Center
Julie Ralston Aoki Public Health Law Center

6. **Farmers' Market Food Hubs**

Farmers' Market Food Hubs: a natural conduit between institutions wanting to buy local but can't afford to connect with numerous farmers; and farmers needing more markets but aren't big enough to land a wholesale contract.

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Jane Jewett Minnesota Institute for Sustainable Agriculture
Sara George D & S Gardens

7. **Dance*Werking**

Through movement and facilitated conversation, we understand ourselves better and become stronger, more adaptive leaders. dance•werking is not a dance lesson. No experience required. We simply draw on dance ideas to bring out the wisdom each of us holds in our body and mind. All movements are modifiable. Most are done individually.

4:30 to 5:00 – **Break**

5:00 to 6:00 pm – **Affinity Groups**

- 1) TBD
- 2) TBD
- 3) TBD
- 4) TBD

6:00pm **Adjourn and Dinner on your own**

8:00 to 10:00 pm **Live Music Lounge**

Wednesday, November 6th, 2019

7:00 to 8:00 am **Optional Workout/Bodywork**

8:00 to 9:00 am **Breakfast Buffet**

9:00 to 10:15 am **Breakout Sessions**

1. Spark Talks:

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a. Transgressions in the Field

The occupation of agricultural workers is riddled with routine hazardous conditions, low pay and systemic traps. This spark talk will present a local snapshot of current challenges faced by those that harvest the food that feeds the nation.

Maria Bonilla

b. Advancing Racial Equity in the MN Farm to School Program

BIPOC farmers are underrepresented in the Farm-to-school market and in all areas of farming in Minnesota. Our project examines some of the reasons behind this underrepresentation, both historic and current, and brings recommendations forward from BIPOC farmers for possible improvements.

Penny Norquist

UMN Humphrey School of Public Affairs

c. Restoring Connections to Culture as a Path to Health and Healing

Learn about the American Indian Community Housing Organization's Food Sovereignty work, including their meals program, urban rooftop gardens, Gimaajii Youth Market and children and family programming to restore connections to culture as a path to health and healing.

Katie Schmitz

American Indian Community Housing Organization

2. The Future of Urban Agriculture

What is the future of urban agriculture in the Twin Cities? We will explore this question from multiple perspectives - farmer, activist/organizer, artist, city planning staff, and

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scientist - as we learn about past, current and future farming projects happening in the cities.

Eartha Bell	Food Systems Consultant
Michael Chaney	Project Sweetie Pie
Tiffany LaShae	Frogtown Farm
Mel Anderson	24th Street Urban Farms Coalition & Four Sisters Farmer's

3. Addressing Food Insecurity on College Campuses

Often college students face food and basic needs insecurities due to lack of visibility. The University of Minnesota has addressed these needs through a student led initiative to provide food and housing resources for struggling students on their Minneapolis campus. Southwest Minnesota State University (SMSU) in Marshall, MN has utilized the services of an AmeriCorps VISTA to research the problem of food insecurity and to address it through campus and community partnership efforts. The goal of programming on both campuses is to connect students with valuable resources, thus being a pathway to success during their student experience. We will present via slides, interactive mapping and conversation, what it takes to start a projects like these from scratch to launch, the power of utilizing networks and the value of capacity building.

Crystal Watts	CNCS: College Health Corps VISTA
Melissa Scholten	Southwest Minnesota State University

4. Dance*Werking

Food justice is a justice of the body : the individual body, and its connections within and to the body of the community. Just as we bring awareness and mindfulness to our food journeys, from the individual to the system level, we benefit from growing in awareness of the connections between our mind|body; between us and others; and between us and the systems in which we operate. dance.werking provides the space for an embodied exploration of collaboration, leadership and connection. Prime your mind

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with new ways of thinking -- inspired by new ways of moving. Bring your increased awareness of your own style and collaborative potential back to your team or organization through facilitated conversation and reflective practice.

5. REAL TALK- Conversations on Race and Health Equity, from Saint Paul- Ramsey County Public Health

Take part in a circle dialogue around race and health equity. This unique style of dialogue works to create balance in the conversation by acknowledging and respecting the perspectives and experiences of our own and others' heritage, culture, and experience around food justice to move towards normalizing equity.

Carissa Glatt	Saint Paul- Ramsey County Public Health
Kari Umazor	Saint Paul - Ramsey County Public Health

6. Cultivating Change: A Forum on Policy Opportunities for Producers and the Communities they Feed

Produce farmers, community-supported agriculturists, other producers, and allies, this session is for you! Come and discuss state and local policy issues affecting you and the communities you feed; consider opportunities for municipal and state policy change; and learn how to leverage tools available through the USDA-funded Healthy Food Policy Project.

Janssen Hang	Hmong American Farmers Association
Bruce Miller	Minnesota Farmers Union
Amanda Karls	Public Health Law Center

7. Foraging in Indigenous Food Systems

This session will provide participants with an overview of local Indigenous Food Systems and give specific examples of our traditional foods both cultivated and foraged that are still easily accessed, harvested, and prepared. We will also discuss the medicinal value of

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these foods and how they keep our hearts, minds, and bodies healthy. Samples of various foods and delicious recipes will be provided.

Linda Black Elk Mille Lacs Band of Ojibwe Natural Resources

8. Quiet Time Room

9. Open Space

10:15 to 10:30 am **Break**

10:30 to 11:45 am **Breakout Sessions**

1. **SNAP-Ed in Tribal Nations**

This presentation will provide an overview of the Tribal SNAP-Ed programs and how the Tribal Nations are using self-determination to meet the program requirements. Tribal SNAP-Ed educators will share how they are using sovereignty and food sovereignty to provide food systems education to community members for a healthier community. The closing of this presentation will provide recommendations on how to build and strengthen relationships across cultural perspectives, sectors, and geographies.

Carrie Lindquist Minnesota Department of Human Services

Alicia Smith Minnesota Department of Human Services

2. **Veggie Rx**

"Veggie RX" or "food is medicine" is a term we hear these days, but what does it actually mean and what does it have to do with the larger food systems issues of access, justice, hunger, nutrition, and sustainability? Does it reflect the broader notion of 'first do no harm' in the health care space? What role does race and racism, whiteness and privilege play in health and well being in relation to food? This panel will represent people who have been exploring these questions through education, programming, experiences and

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application, and engage everyone to tackle the question of how to use food and cooking specifically as tools for changing the health of our communities.

Jenny Breen

3. Healthy Body, Healthy Mind: Food Access and Opportunity through Collective Impact

Get inspired while learning about how and why Rochester ALC, Riverside Elementary and Rochester Public Library has partnered to bring fresh produce from our schoolyard gardens to the food deserts in Rochester, MN. This interactive format will allow participants to learn about our story but also make connections, generate questions, possibilities and consider potentially overlooked partnerships to provide access, opportunity and empower students, families, partners and and a community through our school gardens.

Lida Casper	Riverside Elementary Rochester Public Schools
Katie Sloan	Rochester Alternative Learning Center
Heather Acerro	Rochester Public Library
Eric Tarr	Rochester Public Library

4. Unpacking racism and white supremacy in Rural Minnesota through farmer-led co-learning circles

Agriculture in Minnesota has been made possible and profitable through the exploitation of land and people for generations and yet it is a conversation many people are not willing to have. Shared Ground Cooperative and Land Stewardship Project are working together with their farmer leaders to create co-learning circles in rural Minnesota to make space for important community conversations around structural racism and white supremacy

Ed Eiffler Jaramillo	Shared Ground Cooperative
Nick Olson	Land Stewardship Project

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5. Food As Medicine: A Large Healthcare Systems Collaborative Approach to Food Sovereignty

Fairview Health Services used a multifaceted approach, in partnership with the local community, to transform our food systems and impact social determinants of health through food. Learn about our programs that help improve the health and wellbeing of our neighbors, such as our vegetable prescription program in partnership with Hmong farmers, to the way we are addressing culturally specific food needs on the East Side of Saint Paul and rural Minnesota. Help shape the direction of one of Minnesota's largest healthcare system's food transformation work by sharing your input.

Therese Genis	Fairview Health Services
Kate Grannon	Fairview Health Services
Terese Hill	Fairview Health Services
Kathy Bystrom	Fairview Health Services

6. Open Space

Noon to 1:00 Closing Plenary and Box Lunch